



May 20, 21, 22 2017 - Victoria BC Canada

# 154th Victoria Highland Games & Celtic Festival

# CHEK NEWS

**WEEKNIGHTS 5, 6 and 10pm**

with Stacy Ross and Ben O'Hara-Byrne



Proud supporter of the Victoria Highland Games & Celtic Festival!



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# TABLE OF CONTENTS

CULTURE & EDUCATION



3	Clans & Associations
4	Heritage Tent
4	History of the Games
5	History Tent
31	Whisky School

Celtic Entertainment	10
Celtic Music	11
Highland Dance	12
Irish Dance	15
Piping & Drumming	6



MUSIC & DANCE

SPORTS



34	Celtic Sports
24	Heavy Events
34	Swordfighting

Dog Events	32
Visitor Competitions	33
Visitor Experience	33
Falconry	36



ENTERTAINMENT

VHGA



2	Messages
17	Topaz Park Map
19-23	Schedule

<https://www.facebook.com/VictoriaHighlandGames/>  
<https://www.instagram.com/victoriahighlandgames/>  
<https://twitter.com/VicHighIndGames>  
<https://www.youtube.com/user/vichighlandgames>



**Cover photo by Dean MacDonald**  
 Thank you Dean MacDonald, Jonghwak Park, Troy Goodger, Nathan Von Hagen, Carissa McLean, and others for allowing us to use your photos in this program. Thank you Didier Sin and Megane Leung for your contribution.





**Lieutenant-Colonel Stephen Sawyer CD**  
Chief of the Games

Born in England, LCol Sawyer came to Canada at age 9 and grew up in London, Ontario. His 5 years in Army Cadets convinced him to seek his future in the army. Enrolling in the Canadian Armed Forces as an officer cadet in 1977, he was commissioned in 1978 and joined the Second Battalion Princess Patricia's Canadian Light Infantry in Winnipeg. Upon leaving 2PPCLI, he was posted to French language training in Winnipeg and St Jean, Quebec where he finished with a bilingual profile. He was then posted as an instructor to the Canadian Forces Officer Candidate School in Chilliwack in 1983 where he instructed in both official languages of our country.

In 1986, LCol Sawyer was posted to the First Battalion Princess Patricia's Canadian Light Infantry in Calgary. (It was during this time that he met his future wife, Patricia). In 1991, LCol Sawyer was posted to the Multi-National Force and Observers in the Sinai, Egypt, a peacekeeping mission supervising the peace treaty between Egypt and Israel. After a year in the desert, he returned to Canada and was posted to National Defence Headquarters in Ottawa. He was posted to Esquimalt in 1994 and commanded the Domestic Operations Detachment reporting directly to Land Force Western Area Headquarters in Edmonton. In 1999,

After retirement, he worked for the Corps of Commissionaires while simultaneously working as a Cadet Instructor Cadre Officer commanding 2483 Royal Canadian Army Cadet Corps in Esquimalt. Leaving in 2003, he worked on contract as the Base Operations Officer, Canadian Forces Base Esquimalt until 2010.

After finally realizing that you can take the man out of the army, but you can't take the army out of the man, he joined the Canadian Scottish Regiment as the Operations Officer in January 2013. After a year and a half, he moved to command A Company in Victoria. He was promoted to his current rank and assumed command of the Regiment on 30 May 2015. He has been very busy promoting the Canadian Scottish Regiment wherever he goes on Vancouver Island with open houses at the armouries, participation in events and other community relations and outreach projects.

Lieutenant-Colonel Sawyer is married to Patricia Erwin and they live in Metchosin with their Alaskan Malamutes and the cats that they have rescued in their rural neighbourhood.



On behalf of the Victoria Highland Games Association Board of Directors, I welcome all participants and guests to one of the oldest cultural events in North America and the largest in Western Canada! Over the last decade, the Games have grown into an outstanding 10-day festival that promotes the best of Scottish and Celtic culture, heritage, dance, music and sport. Our local sponsors, community partners and all 3 levels of government have been generous in their support to make this event a world-class experience. I want to fully acknowledge the dedicated volunteers whose efforts make this event possible. Our association is now focused on building a community centre on the Craigflower property as a cultural legacy to current and future generations! I encourage you to support the fundraising campaign by visiting the Victoria Scottish Community Centre tent and make a meaningful contribution!

Thank you,  
Jim Maxwell



Greetings from Mayor Lisa Helps

On behalf of the City of Victoria, it is my great pleasure to welcome you to the 2017 Victoria Highland Games. We are honoured to host participants and spectators in British Columbia's Capital City!

While you are here, I hope you will be able to take some time to explore our beautiful city, including the picturesque Inner Harbour, Fisherman's Wharf, waterfront paths, and some of the best food, beer and coffee experiences in the country. Make sure to visit Canada's oldest Chinatown, and our charming Old Town district. Do also take the time to wander through our walkable city and check out some of our terrific neighbourhoods and village centres.

Best of luck to all of the participants and athletes, and congratulations to the organizers who bring us this wonderful event year after year!

Sincerely,  
Lisa Helps  
Victoria Mayor



Welcome to the 154th Victoria Highland Games and Celtic Festival!

This year marks the 150th anniversary of Confederation, and we want to take advantage of it to celebrate our diversity—one of our country's greatest strengths. Our commitment to diversity and inclusion is an integral part of what makes this a great place to live. As Canadians, we enjoy every opportunity to explore the many cultures that enrich our identity.

The traditions of Scotland have always been part of Canada's own cultural heritage. The longest continually running festival in Western Canada continues to give participants the chance to celebrate the arts, culture and sport of Scotland and the other Celtic lands. The Government of Canada is proud to support this celebration of Celtic heritage, which brings families and the community together.

As Minister of Canadian Heritage, I would like to congratulate the Victoria Highland Games Association and all the organizers, volunteers, artists and competitors who brought this year's festival to life. Many thanks for your contributions to Victoria's cultural vitality.

The Honourable  
Mélanie Joly

# CLANS & ASSOCIATIONS

SAT

SUN

MON

Glasgow Green

**Clan Barclay** *Aut agere aut mori (Either action or death)* — **Clan MacDowall** *Vincere Vel Mori (To Conquer or Die)* — **Clan MacDougall**

**Society** *Buaidh no bàs (Victory or Death)* — **Clan Currie** *“Inspire to Victory”* — **Clan MacAulay** *Dulce Periculum (Danger is Sweet)*

— **Clan Ferguson Society of North America** *Dulcius ex asperis (Sweeter after difficulties)* — **Clan MacKenzie** *Luceo non uro (I*

*shine not burn)* — **Clan MacLaren Society of North America** *Creag an Tuirc (Rock of the Boar)* — **Clan MacLaine of Lochbuie**

*Vincere vel Mori (Victory or Death)* — **Clan Blair Society** *Amo Probos (I love the virtuous) and Virtute Tutus (By Virtue Safe)* — **Clan**

**MacLeod** *Hold fast* — **Clan Murray Society of North America** *Furth Fortune and Fill the Fetters (Go onward with fortune and fill*

*the shackles) and Tout Prest (Quite ready)* — **Clan MacNeacail** (Clan MacNicol of North America) *SGORR-A-BHREAC (Scorrybreac)*

— **Clan Stewart of Appin** *Quhidder Well Zie (Whither will ye? i.e., What/Which will you choose?)* — **Clan Donnachaidh Society**

*Virtutis Gloria Merces “Glory is the Reward of Valour”* — **Clan Sutherland Society of North America** *Sans Peur “Without Fear”*

## Associations

Canadian Scottish Regiment ● Jacobite Reenactor ● United Empire Loyalists’ Association of Canada Victoria Branch ● 78th Fraser Highlanders of Canada, Fort Victoria Garrison ● Vancouver Island Scottish Country Dance Society ● Victoria Gaelic Choir - Guth Nan Eilean ● Victoria Genealogical Society ● Victoria Hand Weavers and Spinners Guild ● Sons of Scotland Benevolent Association ● Fight Like a Highlander

**Jacobite Reenactor, Victoria Gaelic Choir & Fight Like a Highlander** will be performing during the games. The schedule will be available at the **Clan Village Information Tent**

# A BRIEF HISTORY OF THE GAMES

## WHAT?

Featuring competitions in piping and drumming, dancing, heavy athletics, as well as all kinds entertainment and exhibits, the Highland Games celebrate and helps promote the Scottish and Celtic culture.

## WHO?

The original Games were founded by King Malcolm III. In later years, these gatherings were used as training exercises for clan warriors.

## WHEN?

The first Highland Games were held in Scotland in the 11th century, known as Canmore (1058-1093).

## WHY?

The Games were originally created to find the fittest men to deliver messages for the King.

## HOW?

The competition included tests of strength, agility, accuracy and stamina of the candidates such as the caber toss, the sheaf toss and the stone throw.

For more information, visit the history tent or our website at [victoriahighlandgames.com](http://victoriahighlandgames.com).

# HERITAGE TENT

SAT SUN MON

 Glasgow Green

*Many of Scotland's most famous inventions – kilts, tartans and bagpipes – were actually developed elsewhere. Kilts originated in Ireland, tartans have been found in Bronze Age central Europe and bagpipes are thought to have come from ancient central Asia.*

The Highland Games have been an avenue of rich Scottish and Celtic culture for centuries.

At the Heritage Tent located on Glasgow Green, you will be able to experience the heritage of the Highlands through a series of presentations and musical performances.

These presentations happen every day, in the morning and afternoon, and consist of guest speakers and musicians covering topics including the harp, Gaelic songs, wearing the kilt and whisky.

For more information please see the schedule in this program.

*Scotland has three officially recognized languages: English, Scots (a relative of English) and Scottish Gaelic (a completely different language).*

The Victoria Highland Games & Celtic Festival is aiming to be a green festival. You will find recycling and composting bins throughout the park.



Please help our green team keep the park clean and enjoyable to all patrons. Your efforts will help the game stay green and

Located on the Bay of Skaill in the Orkney archipelago, Skara Brae is a stone-built Neolithic settlement dating back to about 3200 B.C., which means this unique building complex is older than Stonehenge or the Egyptian pyramids. It has been called the "Scottish Pompeii" because of its excellent preservation.

Come visit the History Tent to learn more about the Games history and Scottish culture! There will be photographs, articles and write-ups on famous Scots, Scottish inventors, Piper James Richardson as well as past Victoria Highland Games from years dating back to the 1860s.

Also, don't miss out on the displays about Craigflower Manor, a National Historic Site of Canada, which is now a new home base for the Victoria Highland Games. Learn more about the plans on reviving this property and building a Scottish Cultural Centre through fundraising efforts, and how you can become involved.

Many Irish family names start with "Mac" or "O!...", which means respectively "son of..." and "grandson of..." in Gaelic.



sustainable. If you have any questions about recycling, please visit the Glasgow Green Info Tent to get more information.

Please notice that following CRD BYLAW 3962 the games are a **SMOKE FREE EVENT**. Your cooperation will be highly appreciated.

## TIMELINE OF THE VICTORIA HIGHLAND GAMES

- **1864**  
The **first** Victoria Highland Games was held by the **Caledonia Benevolent Association**
- **1870**  
**Amalgamation** of the **Caledonia Benevolent Association** and **St. Andrew's Society** continued to manage the Games until 1937
- **1888**  
**25th Anniversary** of the Games
- **1938**  
**Victoria Highland Games Association (VGHA)** was formed
- **1939 TO 1945**  
VGHA **donate** proceeds to the **Scottish war effort**
- **1945**  
Games continued to be held at **various venues** around Victoria
- **2008**  
**Games moved to Victoria's Topaz Park** to expand the event including the Victoria International Heavy Events Challenge
- **2013**  
VGHA celebrated their **150th Games** and hosted the Duke of York, **Prince Andrews as the Chieftain of the Games**
- **2014**  
VGHA became the sole organization responsible for the historic **Craigflower Manor and Property**

# PIPING & DRUMMING

## History of Bagpipes

The great highland bagpipe, Scotland's national instrument, originated in the Middle East before evolving in Europe during early civilization. However, once they arrived to Scotland, the bagpipe quickly became a significant part of Scottish culture and heritage.

For years, Ancient Celts played the pipes leading clans into battle until 1745, when the Hanoverian Government wiped out the Jacobite Risings Army (highlanders) in the Battle of Culloden.

As a result, the Government implemented the Act of Proscription forbidding the wearing of tartan, use of the Gaelic language and playing of bagpipes. It was at this time that the bagpipes were declared as a weapon of war, as the skirl of the pipes stirred troops into battle and instilled fear in the enemy.

To this day, the pipes are the only musical instrument that was lawfully banned as a weapon of war. Under Proscription, any activity celebrating the Highland way-of-life was punishable by death.

The act lasted until 1782 when the English started to raise Highland Regiments allowing them to wear kilts and play the bagpipes. In more recent years, pipers continued to lead troops into the trenches during WWI, WWII and the Gulf war.

## DUTY PIPE BANDS



## VanIsle Caledonia Greighlan Crossing

VanIsle Caledonia Pipe Band was founded in 2015 by a group of local pipers and drummers with a strong thirst for competition. We are a growing group of competitive musicians with a passion for playing toe tapping contemporary pieces while still keeping things traditionally Scottish in style.

2016 was our inaugural contest season and we have been lucky enough to make many community appearances. We look forward to many years of experiences to come.

In the grade 3 category, wearing the Heritage of Scotland Tartan, under the direction of Pipe Major Cole Griffiths and Drum Sergeant Grant Campbell, V.I.C. Pipe Band is Vancouver islands newest competition pipe band. We look forward to performing for you!

Greighlan Crossing Pipe Band is a Grade 3 pipe band based in the Greater Vancouver area. Band members come from Vancouver Island, Washington State and the Lower Mainland. Formed in 2003, the band focuses on achieving the best possible sound with a collection of fine music and medleys.

Greighlan Crossing proudly wears the Sutherland Old Weathered tartan and is under the direction of Pipe Major Myles Wilcott, Pipe Sergeant Carl Hampson and Drum Sergeant Kyla Richdale. The band competes at most of the Highland Games in the Pacific Northwest and has consistently placed in the top position. Greighlan Crossing Pipe Band is also widely known for its role as the Duty Band for many of the Highland Games.

In 2010, the band attended the Beijing International Tourism Festival in Beijing, China. They were selected as one of the top 4 'perfect' performing groups of the festival. While in China, the band had the opportunity to perform on the Great Wall of China. The band once again returned to Beijing in 2012 to attend the Beijing Festival, the Luoyang Cultural Festival and visited the Terracotta Warriors museum. In 2016 the band competed at the Highland Games in Pleasanton, California.

## About Bagpipes & Pipe Bands

The Highland Bagpipes are one of over thirty different types of pipes found in different cultures around the world. The Scottish pipes have three drones, a single chanter that houses the nine notes of the pipe scale and a bag, traditionally made of sheep skin or synthetic material.

A Scottish pipe band consists of a pipe section (between 6-25 pipers), the drum corps, (between 3-10 "side" snare drummers) and the midsection consisting of several tenor drummers and a bass drummer. Bands are classified by grades from grade 5 (novice) to Grade 1 (the top grade).

Solo piping and drumming is also classified from grade 5 to grade 1, yet also includes a beginner class (on practice chanters, drum pads and tenors) and an open (professional) class, one level above grade 1. Pipe bands play a variety of tunes including marches, strathspeys, jigs, reels, slow airs and medleys.



## 2017 Vic. Caledonian Distillery Open Piobaireachd Competition

The word “piobaireachd” literally means pipe playing or pipe music, but is now used to describe the classical music of the Great Highland Bagpipe. Another name for it is “Ceol Mor” meaning the Big Music, which separates piobaireachd from all other forms of bag pipe music ( marches, reels, jigs etc. ) which are referred to as “Ceol Beag” – the Little Music.

It consists of a theme or “ground”, with a succession of increasingly complex variations that follow the theme. These variations are divided into movements and performed in (relatively) rigorously defined order and manner. Pibroch compositions are distinguished from other traditional Scottish tunes by their considerable length (typically 8-12 minutes long), slow rhythm, complex ornamentation and virtuosic nature.

Nothing resembling piobaireachd has been discovered in any other country in the world. The open piobaireachd competition, featuring the top pipers in the Pacific Northwest, is proudly sponsored by the Vic. Caledonian Distillery & Twa Dogs Brewery..

### Primary Elements of Judgement

**EXECUTION** – the technical aspects of playing an instrument with controlled sound.

**MUSICAL EXPRESSION** – the ability to properly phrase tunes at tempos that contribute to its overall musicality.

**TONE & TUNING** – the overall sound of the instruments. Proper tuning and blending of the chanter and drones contributes to tone. Tuning should be done so that no wavering sound is detected as the instrument is played.

**ENSEMBLE** – pertains to band competitions. The ensemble judge listens to the ‘fit’ of the drum score to the pipe music, the balance of volumes from side, tenor, and bass drums with the pipes, and the overall effect of ‘one great instrument’.

### DRUM MAJOR

See drum majors twirl and toss their maces in the air as they compete during the games weekend. This is a crowd favourite and provides a spectacle of colour, motion and music.



**Master of Ceremonies  
Ken Misch**

Drum Major Ken Misch resides in Las Vegas, Nevada and is currently the Drum Major of the United States' most successful pipe band, the Grade 1 Los

Angeles Scottish Pipe Band.

He is one of oldest members of the Nine Fine Irishman Team. His first performance was at the pubs pre-opening. Starting his drum major career at age 11, he has been performing for almost 40 years and was the Drum Major for the University of Colorado Marching Band.

Ken has proudly lead and orchestrated joint performances with the United States' Marine Band San Diego and the 3rd Marine Aircraft Wing Band, together with the Los Angeles Scottish Pipe Band and was the senior drum major for the Royal Visit of the Prince Andrew in Victoria Canada.

He has been the director of ceremonies and massed bands throughout the Southwestern United States, he has also served as Vice Chieftain for the Las Vegas Celtic Society Highland Games.

He is a Managing Partner of Regimental Mace Company, which supplies bespoke maces to military drum majors around the world. He is also a director for the World Drum Major Association, Inc.

Ken was selected as one of the Kings of Mardi Gras in New Orleans for the Krewe of Okeanos in 2012. Not only was he presented with the key to the city by the mayor, he was the first King to ever have a pipe band as his official escort on parade.

Ken has served as a Senior Drum Major in the Victoria Military Tattoo and as the Senior Drum Major in the New York Tattoo.

He is very proud of his association with the Las Vegas Pipe Band and the Emerald Society Police and Firefighter Pipe Band

in Nevada as their drum major on parade. When not on the parade esplanade, Ken Misch is a pediatrician in Las Vegas for close to 30 years and is a managing partner with St. Rose Pediatrics.



**Drum Major  
Kevin Conquest**

Kevin Conquest began drum majoring in California at the age of 14. He is also a successful pipe band drummer, having played in Grade 1 with the Los Angeles Scots and the 78th Fraser Highlanders.

Some of Kevin's favourite competitive accomplishments include winning the North American Championships at Maxville, Ontario both as a Drum Major and Grade 1 bandsman; numerous UK major championship finals including the Worlds; Senior Drum Major for Tattoo Hebrides at Stornoway, Isle of Lewis, and winning the Canadian Invitational Championship here at Victoria in the presence of HRH Prince Andrew, The Duke of York.

Kevin is Drum Major for Dowco Triumph Street Pipe Band out of Vancouver, and an adjudicator with the Western U.S. Pipe Band Association. He is an Auxiliary officer in the United States Coast Guard also serving as the Drum Major of their pipes & drums.

Kevin is also proud to be a newly

invested Scottish Knights Templar and will receive arms from the Lord Lyon, King of Arms in summer 2017.

## Drum Major Lineup

### Drum Major Dave Cubberly

- D/M for Prince Charles Pipe Band, in San Francisco, California.
- Competitive Drum Major, instructor and adjudicator for over 30 years.
- Holds the record for cumulative 1st place wins in Scotland by any American Drum Major.
- Wears the Black Stewart tartan.

### Drum Major (Master Corporal) Shannon Brooks

- 1st place in the Professional Drum Major competition at the 2011 North American Championships,
- 2nd place in the 2015 Canadian Invitational Championships,
- Competed in the 2012 World Championships.

### Drum Major Jason Paguio

- 2004: Juvenile World Champion Drum Major
- 2007: first Drum Major outside the UK to win the Adult World Championships.
- D/M for Simon Fraser University Pipe Band

### Drum Major Jacy Anderson

- Drum Major for the San Diego Cameron Highlanders.
- Started spinning and marching at age 13
- Competed in Canada, France, UK, and throughout the states.

### Drum Major Dennis Ducsik

- Competed at the North American Championship in Maxville Canada in 1999
- Competed at the World, European, Scottish, and Ulster Championships in the UK

### Drum Major Colleen McMillin Wilson

- From Clovis, California.
- Wears the MacMillan Hunting Tartan,
- 4th Year as a competitive Drum Major

## What is a drum major?

A drum major leads a pipe band while marching and is responsible for providing

commands and directions of what the band will play and when.

The commands may be given either verbally, through hand gestures or with the use of their mace. The drum major often holds the responsibility to keep the band organized and structured.

The Scottish Drum Major competition is an exciting highlight of any highland games, providing the audience with a perfect spectacle of tradition, mixed with innovative showmanship.

## Competition Day

Drum Majors start their competitive day with a full military-style inspection. Each component of their uniform must be clean, worn properly, and per general rules of highland dress. This is an important piece of drum majoring tradition as the drum major is the example to their band.

The competition heats have the drum majors line abreast, marching to the tune of a duty pipe band playing 6/8 quick marches.

The first time through a part of music has the drum major demonstrating one of two walks. The first, rolling the mace or "beating time" as it's called, demonstrates the traditional signal to the bass drummer for keeping the time.

## The State Walk

The other, called the state walk, is symbolic of the pikeman's walk used to clear a path through busy crowds in the late medieval era. During this section, the judge looks for clean, smooth movements of the legs and arms, perfect timing, and stern deportment.

On the repeats of the parts of music, the drum major is free to demonstrate flourishes and throws with the mace in their own creativity. There are no rules or limits to flourishes only that they must fit the timing of the music and end with the start of the next part.

At the end of the contest, the best drum major of all three aspects, dress, drill, and flourish, will be named Canadian Invitational Champion!

# ED BAIN AND *The* Q MORNING SHOW

# FRESH SQUEEZED



## O'Connor – O'Brien School of Irish Dancing (10:00)

O'Connor – O'Brien School of Irish Dancing brings the tradition of Irish dance to the modern day by combining a strong sense of tradition and discipline while promoting fun and friendship. The foundations are instilled by thorough and careful teaching of the basic elements, while nurturing each dancer through the various levels of Irish dance. Some students enjoy recreational dancing, while others work to compete one day in the world championships. Irish dancing classes are located in North Vancouver, Victoria, West Vancouver, Nanaimo and Ladner.

## Victoria Highland Games Dancers (10:30 & 15:45)

This local group made up of dancers ages 16+ performs traditional highland and national dances and use traditional highland movements in choreographed numbers. Some members compete in addition to the group's show performances. Many of the dancers are certified highland dance teachers who help teach the next generation of dancers. Come and enjoy.

## 78th Fraser Highlander Pipes and Drums (11:00)

78th Fraser Highlander Pipes and Drums are sponsored by the 78th Fraser Highlanders Society, which promoted the history, drill, music and uniforms of an 18th century British regiment formed for service in Canada. The pipe band provides lessons to local youth who wish to learn the art of piping or drumming. Interested adults who are trained pipers and drummers are also welcome to join. Please contact pipe major SS Kelly at: [www.78fraser victoria.ca](http://www.78fraser victoria.ca) or call 250-721-5208.

## Victoria School of Irish Dance (11:30)

Victoria School of Irish Dance have classes in both Victoria and Cedar BC for ages 4 years to adults, including recreational and competitive classes. Victoria Irish Dancers participate in many community events throughout the year pleasing audiences with their fantastic skills and abilities. A can't miss.

## The Mount Baker High School Mountaineer Marching Band (12:30)

The Mount Baker High School Mountaineer Marching Band from Deming Washington, the band regularly travels to Victoria, but also has performed at the University of Washington in Leavenworth Washington, and Disneyland California on at least 14 occasions in the past 45 years. The band has been wearing kilts as their uniform since the 1930s. The community is very proud of the uniforms and this Scottish heritage.

## Celtic Reflection (14:00)

Patrick and Patricia De Gabrielle have lived in East Sooke for fifteen years, and performed together as Celtic Reflections for concerts, weddings, house parties, and special community events, from Victoria to all over the Island and the mainland, to their recent stage debut in Jalisco, Mexico. They are both trained musicians and seasoned performers with a theatre background. In addition to performing full time, they also teach in their home studio, sharing their love of music with adults and children.

## Sarah Tradewell (13:00)

Award winning fiddler Sarah Tradewell is a Victoria-based musician whose middle name should be versatility. Not only a fine fiddler, you may have seen her performing with the Victoria Symphony Orchestra, with singer Ken Lavigne, in shows with Blue Bridge Repertory Theatre, or at the Irish Times Pub with Black Angus. Sarah is well known to fiddlers and folkies as a fixture in the fiddle community: equally comfortable playing old time, country and Celtic music. Sarah is a two-time BC Fiddle Champion and has competed at the invitational Canadian Grand Masters Fiddle Championships. Sarah has performed at the first Victory Ceremony at BC Place for the 2010 Winter Olympic Games, in professional theatre productions (Hank Williams, Patsy Cline, My Fair Lady, Pride and Prejudice, Animal Crackers), and at the Sydney Opera House with the YouTube Symphony Orchestra 2011. Visit [www.sarahtradewell.com](http://www.sarahtradewell.com)

## Coastline (15:00)

Coastline is a Victoria based string ensemble comprised of BC's top young musicians coached and mentored by renowned fiddle phenomenon, Ivonne Hernandez. This award-winning band has already been making a name for themselves since their inception in January 2013. With fiddles, cellos and guitar, the group of talented teens plays a diverse and exciting repertoire of fiddle tunes from around the world. Their debut album was a 2 time Canadian Folk Music Award nominee and they just released their highly anticipated new album called 'The High Drive'. [www.coastlinefiddle.com](http://www.coastlinefiddle.com)

The shortest scheduled flight in the world is one-and-a-half miles long from Westray to Papa Westray in the Orkney Islands of Scotland. The journey takes 1 minute 14 seconds to complete.

Tom Harris  
Cellular • TV • Internet

# CELTIC MUSIC

SAT SUN MON

Celtic Music Tent

## Coastline (Sat 10am)

is a Victoria based string ensemble comprised of BC's top young musicians coached and mentored by renowned fiddle phenomenon, Ivonne Hernandez. This award-winning band has already been making a name for themselves since their inception in January 2013. With fiddles, cellos and guitar, the group of talented teens plays a diverse and exciting repertoire of fiddle tunes from around the world. Their debut album was a 2 time Canadian Folk Music Award nominee and they just released their highly anticipated new album called 'The High Drive'. [www.coastlinefiddle.com](http://www.coastlinefiddle.com)

## Ivonne Hernandez (Sat 11am)

has been captivating audiences and capturing the hearts of fiddle fans across the world. The 5 time North American Fiddle Champion and 2017 Juno Award nominee has had much success in performing and teaching because of her technically brilliant fiddling, added with her singing and step dancing and of course her charisma. Ivonne's show along with brilliant guitarist and singer-songwriter Tad Ruszel, has been wowing audiences and leaving them wanting more. [www.ivonnehernandez.com](http://www.ivonnehernandez.com)

## The O'Briens (Sat 12pm/Sun 1pm/Mon 12pm)

has been wowing Victoria audiences for years with their contemporary folk sounds and dynamic vocal arrangements. They have performed at folk festivals, Butchart Gardens and you may have even seen them busking around town. They have an Irish pedigree and a youthful exuberance for family folk traditions. These will be the O'Brien's final performance in Victoria, as on May 31st, three of the five members will be moving to Eastern Canada. Come and enjoy a good send-off to this talented family. [www.facebook.com/theobrienfamily](http://www.facebook.com/theobrienfamily)

## Knacker's Yard (Sun 3pm / Mon 4pm)

is a six-piece Celtic traditional folk band with members from Victoria, Saanich, Metchosin and Sooke, British Columbia. Formed in Victoria in the spring of 2012, the original intent was, and still is, to perform traditional Celtic and English folk songs, instrumentals and ballads dating from the 1600's up to the 1960's. Their repertoire includes songs made popular by voices such as Ewan MacColl, Shirley Collins, Luke Kelly, Ronnie Drew, Enoch Kent, Andy Irvine, Paul Brady and well-known musical groups such as the Dubliners, The Pogues, Corries, The Wolfe Tones, Planxty, De Danaan, and the Bothy Band to name a few. The band plays a selection of ballads and instrumentals. Join Knackers Yard and friends at other venues they have arranged to celebrate Celtic Heritage through song and dance, and to 'prolong the magic'; [www.knackersyard.net](http://www.knackersyard.net)

## Tom Morrissey (Sat 6pm / Sun 5pm)

Tom Morrissey hails from Mt. Pearl Newfoundland the son of the late Joan Morrissey, Newfoundland's first lady of song. Playing east coast music all over the world he is joined by Ian Todd from Ottawa on bass guitar, John Paul Kelly from Fort St. John on mandolin and Levi Lawson from Smithers on drums. The band plays a blend of Celtic high energy music guaranteed to get your toes tapping. [www.reverbNation.com/tommorrisseyband](http://www.reverbNation.com/tommorrisseyband)

## Black Angus (Sun 12pm / Mon 10am)

Black Angus means good songs, good humour, good friends, and good whiskey. Gareth Hurwood is the voice, the guitar, the passion and the poetry. Alex MacCuaig is the driving force on upright bass and high lonesome harmonies. Sarah Tradewell on fiddle brings traditional fire and grace. Their performances take listeners from Vancouver Island to Ireland and back, fueled by their collaboration, and enjoyment of the music. Black Angus has great presence, is devoted to great songs, and is near-impossible to pigeon-hole. Come hear for yourselves. [www.blackangusmusic.com](http://www.blackangusmusic.com)

## Women of the Celtic Fiddle Trio (Sat 2pm)

Vancouver Island is known for producing some of the best fiddlers anywhere. We are lucky enough to have brought Nellie Quinn, Sarah Tradewell and Ivonne Hernandez together on one stage. This will be a special performance of fiddling artistry at its finest! Join us.

## Joe Higgins (Sat 1pm)

is a solo Scottish singer/songwriter, who immigrated to Canada in the mid 90's and has performed locally ever since. Prior to coming to Canada, Joe performed in Glasgow, London, Germany and Austria. Joe has performed at past Highland Games and his Celtic songs have been played on CFUV and CBC radio stations.

## Cookeilidh (Sat 3pm / Sun 2pm / Mon 2pm)

If it's a kitchen party yer after...you've come to the right place. Cookeilidh are a four piece Celtic band from Victoria comprised of a twelve string guitar, fiddle, wooden Irish flute, bodhran and vocals. Noted for their high energy performances, fasten your seatbelts; it's going to be the craic! [www.cookeilidh.com](http://www.cookeilidh.com)

## Celtic Reflections (Sun 10am)

Patriek and Patricia De Gabrielle have lived in East Sooke for fifteen years, and performed together as Celtic Reflections for concerts, weddings, house parties, and special community events, from Victoria to all over the Island and the mainland, to their recent stage debut in Jalisco, Mexico. They are both trained musicians and seasoned performers with a theatre background. In addition to performing full time, they also teach in their home studio, sharing their love of music with adults and children.

## Sarah Tradewell (Mon 11am)

Award winning fiddler Sarah Tradewell is a Victoria-based musician whose middle name should be versatility. Not only a fine fiddler, you may have seen her performing with the Victoria Symphony Orchestra, Ken Lavigne, Blue Bridge Repertory Theatre, and Black Angus. Equally comfortable playing old time, country and Celtic music, Sarah is a two-time BC Fiddle Champion. Sarah has performed at the first Victory Ceremony at BC Place for the 2010 Winter Olympic Games, in professional theatre productions (Hank Williams, Patsy Cline, My Fair Lady, Pride and Prejudice, Animal Crackers), and at the Sydney Opera House with the YouTube Symphony Orchestra 2011. Visit [www.sarahtradewell.com](http://www.sarahtradewell.com)

## Crikey Mor (Sat 5pm / Sun 6pm / Mon 3pm)

Hailing from Victoria, BC, Crikey Mor delivers a tightly arranged whirlwind of traditional Irish reels, jigs, polkas, and songs that will keep your spirit moving. The group consists of Nancy Grossert on fiddle, Tasia MacKay on flute, Eric Reiswig on uilleann pipes, Jeremy Walsh on guitar, Andrew Morris on bodhran, and all on vocals—and hopefully a bunch of wild dancers in the audience. Crikey Mor have performed in Victoria and all around Vancouver Island, including the Victoria Highland Games Festival, Providence Farm Islands Folk Festival, Folkwest, Read Island Beach Fest, many of the neighbouring Gulf Islands, and have even brought their foot-stomping music to the small Malcolm Island town of Sointula, BC. Crikey Mor also performed in Harrison Hot Springs, BC with the Harrison Festival Society, as well as CelticFest Vancouver 2014 and 2015.

## The Clanns (Sun 11am)

Bringing more than a pint of fervor and charm, The Clanns are a lively Celtic Rock band from Vancouver Island, BC. Drawing their influences from traditional and modern music from the likes of Flogging Molly and the Pogues, The Clanns are known for their spirited and fun shows that entertain fans of all ages.

## Blackthorn (Sat 4pm / Sun 4pm)

Blackthorn features four talented musicians, three of whom share lead vocals, bringing a refreshing diversity of character to the group's polished sound and all four contribute a mastery of a colourful variety of instruments. Blackthorn's extensive repertoire is rooted in the musical traditions of Scotland and Ireland as well as the folk music of English and French Canada. Their repertoire has expanded to include creative original compositions that reflect the influences of these traditions. From lively jigs and reels, to songs with rousing choruses and heart-wrenching airs and ballads, they bring the music to life with their luscious harmonies and complex instrumentation.

## King Tide (Mon 1pm)

Comprised of Paul Ruszel and the husband and wife team of Andy and Kim Cooper, King Tide delivers a happy union of Celtic, folk and old-time renderings of both classic and new compositions. Paul is an accomplished singer-songwriter with hundreds of songs: acoustic blues, sea shanties, folk, bluegrass and gospel. Kim Cooper has a soul based in music, performing with skill on fiddle, bodhran and as a vocalist of great depth. Andy Cooper is a widely travelled musician with roots in old time square dance.

*Ireland is a snake-free island. Due to its isolation from the European mainland, Ireland lacks several species common elsewhere in Europe, such as moles, weasels, polecats or roe deer.*

# HIGHLAND DANCE

SAT SUN MON

Entertainment Stage

Up until the 1900s, Highland Dancing was originally an athletic event for Scottish Men only, to keep soldiers in the Scottish Regiments in top physical shape for battle.

It wasn't until the World Wars that women started dancing, to keep their heritage and culture alive while men fought in war. Today, Highland Dancing organizations and schools exist around the world and women outnumber men significantly.

Dancers around the world perform both **Traditional** and **Scottish National Dances**.

**Traditional Dances** include the Highland Fling, Seann Truibhas, Sword Dance, Reel of Tulloch, Irish Jig and Sailor's Hornpipe.

**Scottish National Dances** include Blue Bonnets, Scottish Lilt, Highland Laddie, Earl of Errol, Flora MacDonald's Fancy and Village Maid.

## What are judges looking for?

In competitions, dancers are judged on three fundamentals: **timing**, **technique** and **general deportment**.

Dancers are judged on their **timing** by their ability to follow and keep to the rhythm of the music.

Good positioning of the feet and hands, strong footwork and coordination of the head and arms are important **techniques** watched closely.

Dancers are judged on **general deportment** through their posture, balance, carriage of their head, body, arms, hands and general confidence and happy demeanor.

While highland dancing is an athletic skill dancers must perform with lightness and graceful ease.

## Competition

In competition, each dancer is ranked according to one of five groups: **Primary**, under 7 years of age; **Beginner** until winning 6 different contests; **Novice**, until winning 6 more competitions; **Advanced Intermediate**, for one year from date of last Novice competition; and then **Open** or **Premiere**. Each of these groups has several age classifications.

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Best of luck to all participants at the Highland Games!  
join us after to celebrate at the



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# IRISH DANCE

SAT SUN MON

Main & Entertainment Stages



A Féis is a traditional Gaelic arts and culture festival. The plural forms are féiseanna (Irish) and fèisean (Scottish Gaelic). The term "féis" is commonly used referring to Irish dance competitions and, in Scotland, to immersive teaching courses, specialising in traditional music and culture.

## ENTERTAINMENT STAGE

Irish dancers have 7 levels of dance, first feis being their first competition and open champion is the highest level of dance, dancers are categorized by age

Grades dancers complete 7 dances including a reel, light jig, single jig, slip jig, treble jig, hornpipe, and traditional set dance.

**grade dancing** (starting at 8:30am)

FIRST FEIS solo dancing  
FIRST FEIS TROPHIES

PRIZEWINNER SOLO DANCING

PRIZEWINNER/NOVICE TROPHIES and specials

NOVICE SOLO DANCING

ADVANCED BEGINNER SOLOS

BEGINNER/ADVANCED BEGINNER TROPHIES and specials

BEGINNER SOLOS

## MAIN STAGE

Championship dancers complete three rounds of dancing one soft shoe, one hard shoe and one set dance of their choice

**adult dancing** (starting at 8:30am)

ADULT FIGURES/SOLOS/TROPHY

**PRELIMINARY / OPEN CHAMPS**

18 AND OVER prelim / open

UNDER 18 prelim/ open

**specials**

UNDER 16 prelim / open

UNDER 14 prelim / open

UNDER 12 prelim / open

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# 154th Victoria Highland Games & Celtic Festival

May 20, 21, 22 2017



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- Information**
- Food Stand**
- Distillery Tours Shuttle Bus Stop**

## B Beer Gardens

- B1** Crooked Caber (D7)
- B2** Rampant Lion (B4)

## G Entrance Gate

- G1** Finlayson Gate (C2)
- G2** Glasgow Gate (A5)
- G3** Topaz Gate (C7)

- Heritage Tent (C5) **1**
- Dog Events (B6) **2**
- Children's Area (B5) **3**
- Clans' Tents (B5) **4**
- Merchant Vendors (B4) **5**
- Food Court (A4) **6**
- Whisky School (C4) **7**
- Celtic Music Tent (C4) **8**
- Entertainment Stage (A5) **9**
- Main Stage (D4) **10**
- History Tent (C5) **11**
- Open Pìobaireachd (B7) **12**
- Hospitality Tent (C4) **13**
- Volunteer Tent (D4) **14**
- Victoria Scottish Community Centre (C5) **15**



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**THE BARD**  
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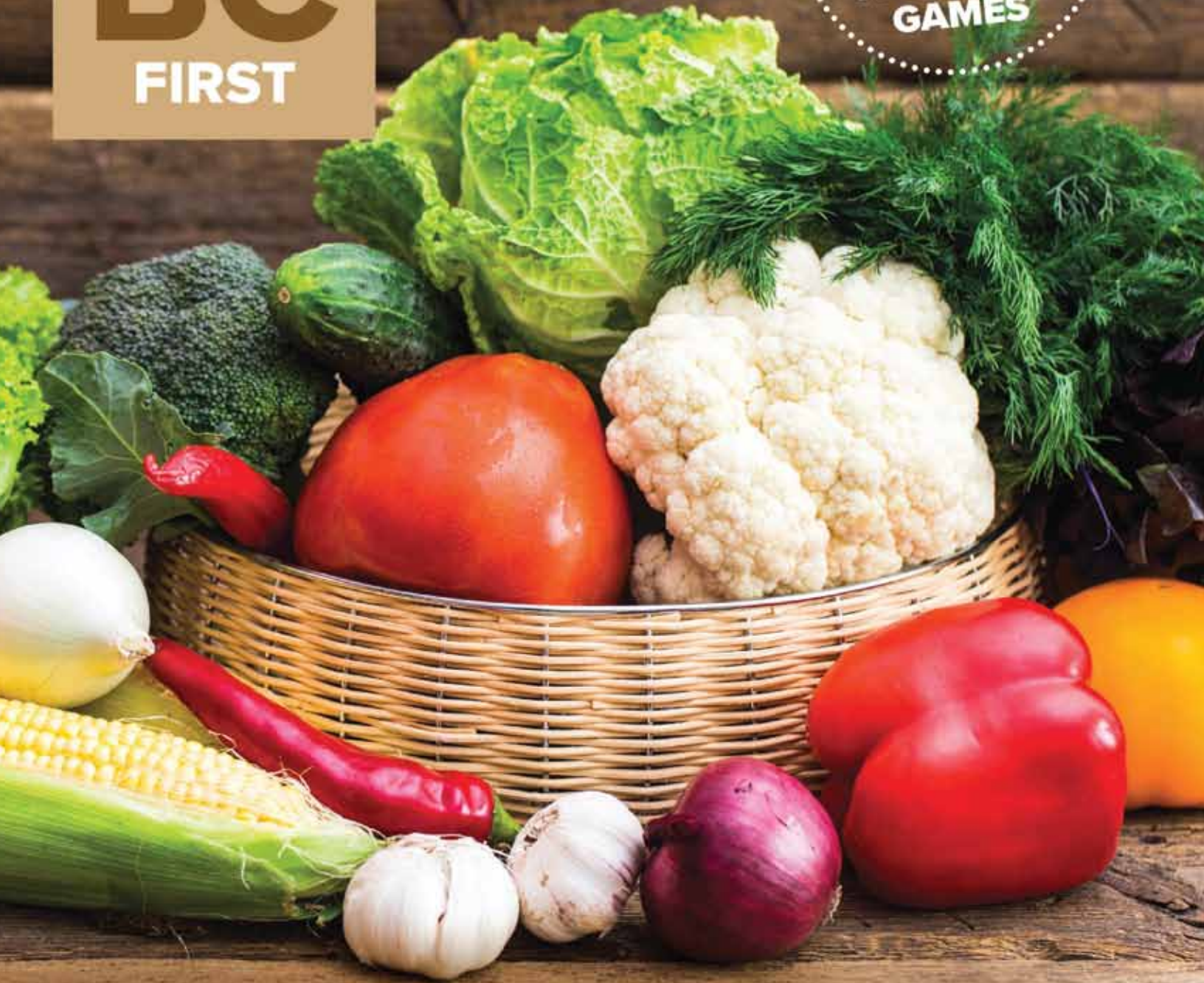
NOTE: schedule subject to change without prior notice

Time	Blanshard Field	Glasgow Green	Topaz Field	Finlayson Turf	Entertainment Stage	Main Stage	Celtic Music Tent	Heritage Tent	Whisky School	Visitor Experience	Dog Events Field
08:00											
08:30											
09:00	9:00 Solo Piping & Drumming Contest		8:00 Men's Masters + Women's Masters competition							9:00 2017 Vic. Caledonian Distillery Open Piobaireachd Competition	
09:30											
10:00		10:15 Potato Sack Race		10:00 McNamara Cup Hurling and Gaelic Football Round Robin	10:00 O'Connor-O'Brien School of Irish Dancing		10:00 Coastline	10:00 Harpist Alison Vardy			10:30 Dog Agility
10:30					10:30 Victoria Highland Games Dancers						
11:00		11:00 Single Stick Tournament			11:00 78th Fraser Highlanders Pipes and Drums		11:00 Slow Pokes	11:00 Guth Nan Eilean, Voice of the Islands The Victoria Gaelic Choir			11:00 Sheep Shearing
11:30					11:30 Victoria School of Irish Dance						
12:00						12:00 Highland Games Opening Ceremonies	12:00 The O'Briens		12:00 Whiskies of the World with Roberto Roberti and Fountana Beverage		
12:30	12:30 Invitational Drum Major Demonstrations				12:30 Mount Baker High School Mountaineer Marching Band						
1:00			12:00 De. Stan Lee Braemar Stone Put		1:00 Sara Tradewell		1:00 Joe Higgins	1:00 Wearing the Kilt from Yesterday to Today Justin Guthrie North of Hadrians		1:00 Storytelling	12:30 Sheep Herding
1:30			12:30 Beaver Butz Heavy Weight for Distance	Blood and Iron Single Stick Sword Fighting							1:30 Dog Agility
2:00	2:00 Pipe Band Competition + Amateur Drum Major Competition	14:00 Haggis Hurl	13:00 Floyd's Biner Light Hammer Toss	Falcon Demonstrations	14:00 Celtic Reflections		14:00 Women of CF Trio	14:00 Waulking the Tweed demonstration The Victoria Gaelic Choir	13:45 Tullibardine/Kilchoman with Roberto Roberti and Fountana Beverage		13:30 Sheep Shearing
2:30			13:45 R.I.S.E. Weight for Height								
3:00			14:00 Lighthouse Brewing Co. Competition Caber Toss		15:00 Coastline		15:00 Cookeilidh	15:00 Tracing your Scottish Ancestors Victoria Genealogy Society	15:30 Amrut/Kavalan with Roberto Roberti and Fountana Beverage	1:00 Storytelling	14:30 Sheep Herding
3:30					15:45 Victoria Highland Games Dancers						15:00 Dog Agility
4:00		16:00 Tug of War					16:00 Blackthorn	16:00 Single Malt Whisky & Craft Beer 101 Andrew Walls, Vic. Caledonian Distillery			15:15 Sheep Shearing
4:30											
5:00			17:00 Victoria Sheep Challenge (Amateurs + Prod)			17:00 Highland Games Closing Ceremonies	17:00 Crikey Mor				
5:30											
6:00							18:00 Tom Morrissey				
6:30											

The two first Prime Ministers of Canada, John A. Macdonald (1815-1891) and Alexander Mackenzie (1822-1892), were Scottish.

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NOTE: schedule subject to change without prior notice

Time	Blanshard Field	Glasgow Green	Topaz Field	Finlayson Turf	Entertainment Stage	Main Stage	Celtic Music Tent	Heritage Tent	Whisky School	Visitor Experience	Dog Events Field	
08:00												
09:00	Solo Piping & Drumming Contest		Men's Amateur A/B, Women's Amateur competition		Highland Dance Competition (primary, beginner, novice)			Harpist Alison Vardy				
10:00												
11:00		Potato Sack Race										
12:00		Straw Toss		McNamara Cup Hurling and Gaelic Football Quarter and Semi Finals Final at 15:00								
13:00	Invitational Drum Major Demonstrations					Highland Games Opening Ceremonies						
14:00		Invitational Steel Sabre Tournament		Blood and Iron Single Stick Sword Fighting			Black Angus					
15:00			Vision 2000 Open Stone Put									
16:00			McLean Financial Management Heavy Hammer Toss	Falcon Demonstrations								
17:00	Pipe Band Competition				Highland Dance Competition (intermediate and premier)							
18:00		Haggis Hurl										
19:00			Popeye's Light Weight for Distance									
20:00	Amateur Drum Major Competition											
21:00			W.I. Maxwell Challenge Caber Toss									
22:00		Tug of War										
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2017 LIGHTHOUSE BREWING COMPANY VICTORIA INTERNATIONAL HEAVY EVENTS CHALLENGE - DAY 2

Day 2 - CLAY Canadian Men's Championships and Elite Women's Championships

The original seven "Celtic Nations" are: Ireland, Scotland, Wales, Isle of Man, Cornwall, Brittany (in France) and Galicia (in Spain).

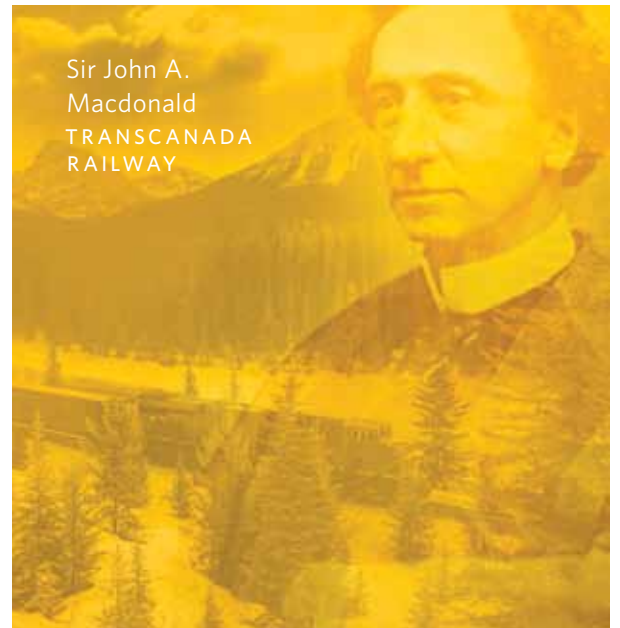
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# HEAVY EVENTS

SAT SUN MON Topaz Field

## 2017 Lighthouse Brewing Company Victoria International Heavy Events Challenge

### CSAF CANADIAN MEN'S CHAMPIONSHIPS



This year we are very pleased to be presenting the top ten Heavy Events athletes from across Canada to compete in the CSAF Canadian Men's Championships. Winner gets bragging rights and an automatic invite to compete in next years Webster World Championships being held right here in Victoria at the 2018 Victoria Highland Games.

## The Events

The Heavy Events have been contested at Highland Games for centuries, starting with games set up by King Malcolm III of Scotland to select the strongest men in Scotland to serve as his personal bodyguards. Implements used are those that were in use at that period of history, blacksmith's weight's, hammers used for driving fence posts, stones from the local rivers and trees cut down by woodsmen. There are nine traditional events that you will see contested and all are a true test of not only strength but skill and athleticism.

## Putting The Stone

The precursor to the modern Olympic shot put, the Stone Put is thrown in two styles. The Braemar Stone is a standing throw with no approach and a stone weighing up to 28lbs. The Open Stone weighing up to 20lbs is thrown with the option of an approach (glide, spin, etc)

the greatest tests of explosive power in Heavy Events. A 56lbs weight is thrown with one hand overhead for maximum height. The athlete has three attempts at each height and is scored on the last successful height cleared. The winner is the athlete that clears the greatest height.

## Weight For Distance

The athlete uses a spinning technique to throw either the Lightweight (28lbs for Men and 14lbs for Women) or the Heavy Weight (56lbs for Men and 28lbs for Women). The weights involve a ball and chain measuring no more than 18" and are thrown with one hand aiming for greatest distance.

## Sheaf Toss

The Sheaf is a burlap sack weighing up to 20lbs that is thrown for height using a pitch fork. Rules are very similar to the Weight for Height and again the athlete who clears the greatest height being the winner

## Throwing The Hammer

The Hammer involves a weighted head attached to a rigid pvc handle. The Hammer is spun overhead multiple times and released so that the Hammer flies behind the athlete. The Light Hammer weighs 16lbs for Men and 12lbs for Women and the Heavy Hammer weighs 22lbs for Men and 16lbs for Women.

## Tossing The Caber

A Caber is a tapered log measuring up to 20+ feet. The athlete will attempt to pick up the Caber and balance it holding the small end. He will then run with the Caber and attempt to flip the Caber end over end. The Caber is not thrown for distance but rather accuracy using the hands of a clock. The goal is for the Caber to flip and land straight in line with the direction he was running, a perfect score being at 12 o'clock.

### Victoria Highland Games Field Records

#### Victoria Open Stone (17lb 9oz)

56'3.25"	48'10.5"
Matt Vincent - 2013	Adriane Wilson - 2013

#### Victoria Braemar Stone (26lb 5oz)

41'10.75"	35'0.75"
Andy Vincent - 2015	Adriane Wilson - 2013

#### Lightweight for Distance (28lb)

92'2.5"	84'10.75"
Matt Vincent - 2015	Kate Burton - 2015

#### Heavyweight for Distance (56lb)

48'3.25"	50'11.75"
Spencer Tyler - 2016	Adriane Wilson - 2013

#### Light Hammer (16lb)

140'6"	111'9"
Matthew Doherty - 2014	Kristy Scott - 2013

#### Heavy Hammer (22lb)

117'8"	91'3"
Matthew Doherty - 2016	Kristy Scott - 2014

#### Weight for Height (56lb)

18'2"	18'
Andy Vincent - 2016	Kristy Scott - 2013

# HEAVY EVENTS - PRO ATHLETES MEN

## Matthew Doherty (NS)



Age: 32 • 6'1" • 230 lb  
Antigonish, NS • Teacher

- ▶ Three time (2013, 2014, 2015) CSAF Canadian Champion
- ▶ Holds Canadian Record for 16lb & 22lb Hammer + Braemar Stone
- ▶ 3rd place at the 2015 World Championships

Age: 38 • 6'2" • 300 lb  
Greenwood, NS • Teacher

- ▶ Rep Canada at World Team Championships for multiple years
- ▶ Former CFL football player for the Toronto Argonauts

## (NS) Danny Frame



## Kevin Robinson (NB)



Age: 45 • 6'2" • 265 lb  
Perth Amherst, NB • Electrician

- ▶ Multiple time competitor at Canadian Championships
- ▶ Former New Brunswick Highland Games Champion

Age: 33 • 6'2" • 245 lb  
Guelph, ON • Animal Breeding

- ▶ Multiple time Ontario Highland Games Champion
- ▶ Multiple time competitor at Canadian Championships
- ▶ 2014 Canadian Caber Champion

## (ON) Owen Willems



## Berle Conrad (ON)



Age: 54 • 6'3" • 290 lb  
Harrietsville, ON • Architectural Technology Professor

- ▶ Multiple time Master World Champion
- ▶ Multiple time competitor at Canadian Championships

Age: 38 • 6' • 245 lb  
Dalkeith, ON • V-P of J. Lanfranco Fasteners

- ▶ Ranked 4th in Canada
- ▶ M35 Canadian indoor weight throw record holder
- ▶ M35 World Master Championships Silver medal for Hammer throw and 35# weight throw

## (ON) Jason Baines



## Padraic Moore (ON)



Age: 30 • 6'1" • 325 lb  
 Hillier, ON • Shipping/Receiving

- ▶ Represented Canada at the World Amateur Championships
- ▶ Top ranked Canadian Amateur for last two years

Age: 33 • 6'4" • 320 lb  
 Calgary, AB • Communications

- ▶ Ranked 3rd in Canada
- ▶ Consistent podium finisher at the Canadian Championships
- ▶ Has represented Canada at the World Championships

## (AB) Rob Young



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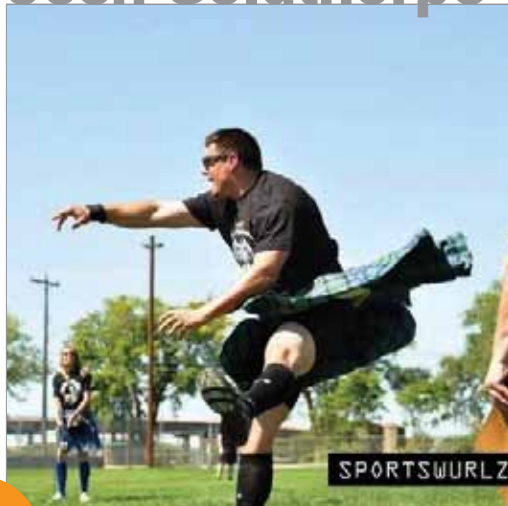
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 HEAVY EVENTS CHALLENGE**



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## Josh Goldthorpe (BC)



Age: 29 • 6'4" • 280 lb  
 Langley, BC • Federal Peace Officer

- ▶ 2007 CSAF Canadian Junior Champion
- ▶ 2010 CSAF Am Champion
- ▶ Multiple time competitor at Canadian Championships

Age: 30 • 6'1" • 250 lb  
 Calgary, AB • Personal Trainer

- ▶ Ranked 4th in Canada
- ▶ Represented Canada at the World Amateur Championships
- ▶ 2014 Victoria Highland Games Amateur Champion

## (AB) Curtis Durocher



# HEAD FOR THE SHORE



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### SESSION ALE



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a highly sociable ale with  
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## Adriane Wilson (USA)



Age: 36 • 5'10" • 173 lb  
Irmo, SC • Personal/Strength Coach

- ▶ 5x Women's World Champion
- ▶ World Record Holder for the Heavyweight for distance

Age: 28 • 5'11" • 190 lb  
Aurora, IL • Teacher

- ▶ 2016 Women's World Champion

## (USA) Elissa Hapner



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## Jessica Bridenthal (USA)



Age: 25 • 5'10" • 185 lb  
Ambridge, PA • Account Manager

- ▶ 1 year competing
- ▶ 2nd place 2016 US Invitational Championships
- ▶ Ranked 3rd in North America

Age: 31 • 5'9" • 230 lb  
Delano, CA • Item Processor

- ▶ 2 years competing
- ▶ 6-time All-American in Track and Field
- ▶ Ranked 13th in North America

## (USA) Emily Adams



## Chrystal Rupert (USA)



Age: 37 • 5'8" • 170 lb  
 Algona, WA • Int. Installation and  
 Service Manager

- ▶ 3 years competing
- ▶ Ranked #14 in North America

Age: 30 • 5'9" • 160 lb  
 Vista, CA • Real Estate/Property  
 Manager

- ▶ 5 years competing
- ▶ Ranked #17 in North America
- ▶ Placed 3th at the  
 2016 World Championships

## (USA) Felicia Baker



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## Susie Lajoie (CAN)



Age: 25 • 5'9" • 160 lb  
 Victoria, BC • Strength and  
 Conditioning Coach

- ▶ 7 years competing
- ▶ 2012 Canadian Champion
- ▶ Ranked #1 in Canada
- ▶ Holds multiple Canadian  
 Heavy Events records

Age: 45 • 5'9" • 165 lb  
 Carlingford, NB • Cosmetologist/  
 Bus Driver

- ▶ Ranked 9th in Canada
- ▶ 2012 New Brunswick Highland  
 Games Champion

## (CAN) Adena Robinson



## 2017 Lighthouse Brewing Company Victoria Strength Challenge

Strongman refers to the modern day strength competitions made popular on tv in the 1970s as the World Strongest Man. Events in Strongman are designed to test a competitor's strength in a variety of different ways, testing not only their power and strength but also their muscular endurance and coordination.

### Victoria Stone Throw

Athletes will throw a heavy stone (Men=50lbs, Women=26lbs) for distance. Each athlete will get three throws and best distance counts. Athletes will get 10' run up to the throwing trig.

### Keg For Height

The athletes will be throwing a standard beer keg for maximum height, they will have three attempts at each height and are scored on the last successful height cleared. Whoever clears the highest height with the least amount of misses wins.

### Farmers Walk

Athletes will attempt to walk with weighted implements in each hand for

50', complete the course and move to the next round. Weight increases each round and whoever last the longest wins, last years winner carried a staggering 400lbs in each arm!

### Log Press

Athletes will lift a weighted log up from the ground and press it overhead, complete the lift and move to the next round. Again weight increases each round and the athlete who lifts the most weight wins

### Strength Medley

The medley is a combination/circuit of different events that is timed, he who completes the circuit in the least amount of time is the winner. It usually involves a loaded carry, rope pull and loading Atlas Stones onto a raised platform.

*The modern game of golf originated in Scotland in the 15th century. First mentioned as 'gowf' in 1457, golf was originally played on a course of 22 holes. It was first reduced to 18 holes at the Royal and Ancient Golf Club of St Andrews in 1764, and other courses followed suit.*



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# WHISKY SCHOOL

SAT SUN MON

Whisky School Tent

The whisky tasting school will take place all three days of the games! Each session will feature different single malt whiskies presented by ambassadors representing a variety of scotch and other single malt distilleries. Guests will sit down and enjoy a Scottish educational and cultural experience on the Victoria “whisky trail”. The school sells out each year! Come on by and check it out, and book online early for next year!

Saturday May 20th 12:00 – 1:00 PM

## Whiskies of the World

with Roberto Roberti & Fountana Beverage

Saturday May 20th 1:45 – 2:45 PM

## Tullibardine/Kilchoman

with Roberto Roberti & Fountana Beverage

Saturday May 20th 3:30 – 4:30 PM

## Amrut/Kavalan

with Roberto Roberti & Fountana Beverage

Sunday May 21st 12:00 – 1:00 PM

## Regions of Scotland, The Beautiful Myth

with Andrew Campbell Walls of the Vic. Caledonian Distillers

Sunday May 21st 1:45 – 2:45 PM

## The Douglas Laing Scottish Regional Malt Collection

with Stacy Kyle of Rare Drams

Sunday May 21st 3:30 – 4:30 PM

## Nature vs. Nurture, the Oak Masterclass

with Andrew Campbell Walls of the Vic. Caledonian Distillers

Monday May 22nd 12:00 – 1:30 PM

## Whisky and Local Food Pairing

with Bill Jones

Monday May 22nd 2:45PM – 3:45 PM

## Whisky and Local Charcuterie Pairing

with Corey Pelan.

Scotland is reputed for its whisky, known outside Scotland as Scotch Whisky. What few people know is that whisky was invented in China, and was first distilled by monks in Ireland in the early 15th century before reaching Scotland 100 years later.

Scotland's smallest distillery, Edradour in Pitlochry, has 100,000 visitors per year but produces just 90,000 litres of malt whisky.



Whisky School is presented by the Victoria Chapter of the Companions of the Quaich



Come join us for a tour with beer and whisky tastings at Victoria Caledonian Distillery and Twa Dogs Brewery

Included Shuttle leaves every half hour

We'll immerse you in the world of distilling and brewing with our “touch it, feel it” tour, including tastings of four beers and two whiskies.

Tours leave at 15 and 45 minutes past the hour (from 10:45 to 15 minutes after closing) and can be picked up at the Topaz Road Entrance. Tours last 90 minutes door to door and cost \$24.95pp (children under 19 \$10.95)

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# DOG EVENTS

Shepherding is one of the oldest professions, beginning over 6,000 years ago in Central Asia. Sheep were kept for milk, meat and especially their wool.

Over the next millennia, sheep and shepherding spread throughout Eurasia. Some sheep were integrated in the family farm along with other animals such as pigs and poultry.

However, to maintain a large herd, sheep must be able to move from pasture to pasture. This required the development of a profession separate from that of the farmer.

The duty of the shepherd was to keep their flock intact and protect it from wolves and other predators. The shepherd was also to supervise the migration of the flock and ensure they made it to market areas in time for shearing. In ancient times, shepherds also often milked their sheep to make cheese.

Shepherds developed a special breed of dogs that evolved gathering and working abilities rather than predatory tendencies.

This partnership allowed the shepherd to graze larger pastures with the knowledge that their dogs could gather sheep and other livestock from far and wide. Shepherds used whistles as a method of communication to guide the dog at a distance.



SAT SUN MON

 Dog Events Field



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## Dog Agility

Dog agility is a dog sport in which a handler directs a dog through an obstacle course in a race for both time and accuracy. Dogs run without a leash.

Agility is designed to demonstrate a dog's willingness to work with its handler in a variety of situations.

Agility is a sport that appeals to all dog lovers - from young people to senior citizens.

The dog agility component of the Games is presented by AVID Agility, a company that has been in Victoria for 16 years teaching agility, and hosting trials and fun matches.

## Dog Events

The Victoria Highland Games & Celtic Festival is proud to have been sponsoring shepherding demonstrations and competitions for over 8 years.

The Games has added dog agility demonstrations to the mix to highlight the intelligence and energy of these animals.

Come up to the old tennis court area to see action packed days of demonstrations including shepherding, sheep shearing and agility dogs.

# VISITOR COMPETITIONS

SAT

SUN

MON

Glasgow Green

## Potato Sack Race

(Sat/Sun/Mon - 10:15am)

The sack race is a competitive game in which participants place both of their legs inside a sack that reaches their waist or neck, and hop forward from a starting point toward a finish line. The first person to cross the finish line will win a prize!

## Straw Toss (Sun - 11:15am)

The Straw toss is a variation of the weight over the bar/weight for height, and the Sheaf Toss. This event involves a bundle of straw (the sheaf) wrapped in a burlap bag that will be tossed over a horizontal bar using only one hand. For safety reasons participants must be 13 years or older.

## Haggis Hurl (Sat 0 2:00 / Sun - 2:30pm)

The Haggis Hurl is a modern Scottish game involving the hurling of a haggis as far as possible for distance and accuracy from atop a platform, usually a whisky barrel. This event will include a replica haggis, not the real thing! For safety reasons participants must be 13 years or older.

## The Kilted Mile (Mon - 3:00pm)

The Kilted Mile is a mile run in a kilt. This is a fun event! Bagpipers will provide motivational music along the course. Must be wearing a kilt to participate in this event. Cash Awards of \$25-\$100 will be awarded to the first three people per category to cross the finish line. Different categories will include adult males, adult females, and Youth (12-16).

## Tug of War

(Sat/Sun - 4:00pm / Mon - 4:15pm)

Tug of War is a test of strength, determination and brute strength between two teams with a piece of heavy-duty rope. Many say that the 'rope' is the third party in this highly competitive sport that brings out the real spirit of the competing teams! Small prizes will be awarded at the end of each competition. For safety reasons participants must be 17 years or older. Teams will be divided by strength and size 15 minutes prior to the event.

- The sign-up for all visitor competitions will be at the Glasgow Green Info Tent on the day of the competitions.
- The sign-up deadline will be 30 minutes before the activity.
- Participants must be at the competition location 15 minutes prior to start time for competition guidelines and team division.
- Location of competitions will be at Glasgow Green.
- There may be some changes in time and location, so please check the Glasgow Green Info Tent for the most up-to-date schedule before the event.

# VISITOR EXPERIENCE

SAT

SUN

MON

Visitor Experience Tent

## Storytelling

Storytelling in Scotland has a long and proud history. Storytelling is a unique human skill shared between people, and is one of our oldest artforms. It brings words and the world to life, stimulates the imagination, and builds a sense of community between tellers and listeners.

The storytellers are Catherine Sheehan, Mary Gavan, Lee Porteous and Jennifer Ferris.

## Bagpipers and Drummers

Ever wanted to see how a bag pipe worked and try the drums? We will be highlighting the

Cadet band who will be doing mini performances and demonstrations of the drums. This activity is appropriate for 5 years and up.

Each demonstration will be 30 minutes and no registering is required. You may just want to join the Cadet band!

## Irish Dances Performance

Local dancers will perform and then give interactive lessons to the crowd. This is a fun family experience for anyone who loves to dance and is willing to try!

Performances are 30 minutes in length. No registering is required.



# CELTIC SPORTS

SAT SUN MON

Finlayson Turf

In 1872, Scotland played England in the first international game of football (soccer). The result was a 0-0 draw.



During the games weekend, be sure to take in the exciting Celtic sports on the Finlayson Turf.

## Gaelic Football

This game is similar to Aussie Rules Football, so much that the two countries have modified the rules so they can

have international matches. Players advance the football up the field with a combination of carrying, bouncing, kicking, hand-passing, and soloing (dropping the ball and toe-kicking the ball upward into the hands). The McNamara Cup will play a Super Sevens format with only net goals and no upright points.

## Hurling

This ancient sport is believed to have been brought to Ireland by the Celts around 1200 BC.

It is considered to be the fastest grass field sport in the World and can be described as a combination of Field Lacrosse, Field Hockey and Rugby. For the VHGA's McNamara Cup, the game will be played as a Super Sevens format with only net goals no upright points.

## The McNamara Cup

The cup is dedicated to Father Michael McNamara, a young Irish Priest who came to Victoria in 1950 who built St Patrick's Parish in Oak Bay. Father Mac was a pillar of the community and influenced many students at St Pat's School and is remembered fondly by many Victorians as a good supporter of his Parish and the community. It is such a rough game that there are unlimited substitutions to compensate for the number of injuries.

# SWORDFIGHTING

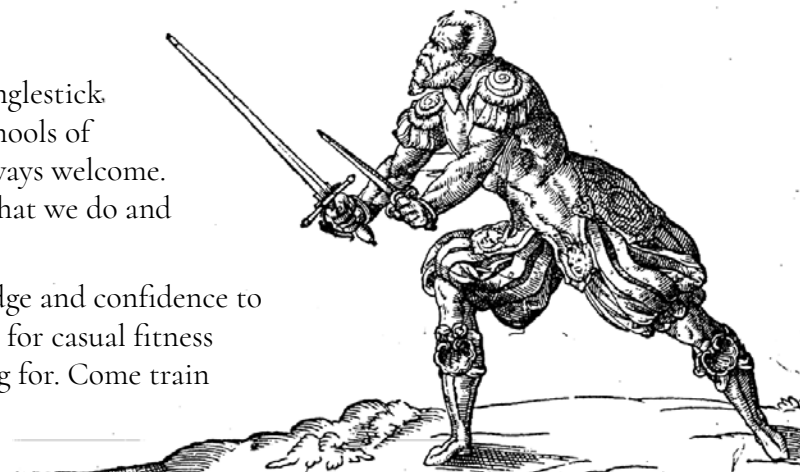
SAT SUN MON

Glasgow Green

Blood and Iron Martial Arts is one of Canada's leading schools in western martial arts. The primary focus is producing quality fighters trained in Historical European Martial Arts, or HEMA for short. Regular classes include instruction as well as coached sparring with internationally recognized HEMA practitioners.

Students can expect to use a longsword, rapier, dussack, and singlestick regularly, while sometimes being treated to new weapons or schools of thought. New comers of all fitness and experience levels are always welcome. In fact, we offer one free introductory lesson to get a feel for what we do and how we do it.

Blood and Iron Martial Arts will provide you with the knowledge and confidence to fight with multiple historical weapons. Whether you're looking for casual fitness or competition level training, you'll find what you're looking for. Come train with us today!





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Must be 19 years of age +

# FALCONRY

## Joanne Bentley – “The Falconlady”

Joanne Bentley has been a Journeyman Falconer in the Art and practice of Falconry for almost 14 years.

Joanne is a fervent advocate for all species, but birds-of-prey had taken up a very special room in her heart since childhood. In fact, she’s often jested its “Marion Zimmer-Bradley’s fault” for her becoming hopelessly fascinated by raptors to begin with!

A Journeyman’s purpose is to find something discreetly new which expands the sum understanding of all practitioners involved in that trade, whatever the trade might be.

In determining what she could contribute to an Art-form which is well more than 8,000 years old, Joanne committed herself to the expression of relationship, thus enlarging the concept put forth by her mentor, Frederick II of Hohenstaufen, through his text “The Art of Falconry” – written in the mid 13th Century.

When not working with “Team Feathers” to achieve new performance skills, Joanne studies various martial art-forms, including European swordsmanship, archery, and horsemanship, and continually seeks out new discoveries pertaining to both Falconry, and birds-of-prey around the world.

Falconry arrives every day at 10am by outdoor workout equipment area just south of Glasgow Green. Flying demo around 2 pm. Interpretive chat at vendor area stage at 4:00 pm

SAT SUN MON

Glasgow Green



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Mark Flynn, General Manager



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for more information [victoriahighlandgames.com/craigflowermanor](http://victoriahighlandgames.com/craigflowermanor)



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