

156th Victoria Highland Games & Celtic Festival



May 18, 19, 20
2019

CHEK NEWS

WEEKNIGHTS 5, 6 and 10pm

with Stacy Ross and Ben O'Hara-Byrne



Proud supporter of the Victoria Highland Games & Celtic Festival!



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<https://www.facebook.com/VictoriaHighlandGames/>
<https://www.instagram.com/victoriahighlandgames/>
<https://twitter.com/VicHighlandGame>
<https://www.youtube.com/user/vichighlandgames>



Cover photo by Robert Coates
Thank you
Athena Song,
Jack Ng,
Natasha Kis Toth,
Ricardo Zeng,
Tomasz Michniewicz
and others for
allowing us to
use your photos
in this program.



MESSAGES

On behalf of the Victoria Highland Games Association Board of Directors, I welcome you to the oldest, continually running Highland Games in Canada!

Our association continues to expand its mandate to promote the best of Scottish and Celtic culture, heritage, music, dance and sport through a variety of events and activities during the year.

The support of our sponsors, community partners and government agencies have allowed us to continue to make our largest event, the Victoria Highland Games & Celtic Festival, a world-class event.

I wish to personally thank the many dedicated volunteers who make this festival so successful!

Our association is fully engaged in developing a community centre at the

Craigflower property as a cultural legacy for current and future generations.

I encourage you to visit the Victoria Scottish Community Centre tent to view the final architect drawings and project status.

Thank you,
Jim Maxwell
VHGA President



As Premier of the Province of British Columbia, I am pleased to extend my warmest welcome to everyone attending the 156th Victoria Highland Games & Celtic Festival.

One of the oldest festivals in North America, the list of activities at this annual event continues to expand. Bringing tens of thousands to Topaz Park, it is a celebration of Scottish



and Celtic music, sports, arts, traditions and culture that appeals to people from all backgrounds. The caber toss, hammer throw, sheaf toss, stone put, and other feats of athletic excellence are a highlight of the spring for many in our communities, and it is wonderful to see a new generation experience them each year among guests of all ages.

I also want to acknowledge all of the cooks, vendors, performers and artists whose hard work is on display thanks to the dedicated organizing efforts of the Victoria Highland Games Association. I have no doubt that your commitment has ensured another memorable event for everyone.

I wish you all a fantastic long weekend full of festive food and attractions.

Honourable John Horgan
Premier of British Columbia

A rich tradition that predates Confederation itself, the Victoria Highland Games and Celtic Festival will kick off this summer season for the 156th time this year.

Although this event is one of the oldest in North America, each year it is breaking new ground with even more events and activities.

It's a great opportunity for the whole family to enjoy a taste of Scottish and Celtic culture and learn about the countless contributions Scottish Canadians have made to our country's culture and prosperity.

Our government knows how important gatherings like this are to communities across Canada. They allow us to learn about our neighbours, explore new cultures and take pride in the rich diversity our nation was built upon. That is why our government is proud to



support the Victoria Highland Games and Celtic Festival.

As Minister of Canadian Heritage and Multiculturalism, I'd like to thank Victoria Highland Games Association as well as the organizers and volunteers for ensuring the continuing success of this annual tradition.

Have fun!

The Honourable
Pablo Rodriguez



On behalf of the City of Victoria, it is my great pleasure to welcome you to the 156th Victoria Highland Games and Celtic Festival!

The Highland Games are always a highlight in Victoria, marking the start of an eventful festival season. Spectators gather in awe as athletes from all over North America display feats of strength, testing the laws of physics. The spectacular Celtic music and performances celebrating Scottish culture are

not to be missed.

Congratulations to the participants, organizers and volunteers on another successful celebration of Celtic culture and friendly competition. This kind of event helps create a sense of civic pride and belonging, bringing our community together.

For those of you visiting, I hope you can take some time to explore our beautiful city. Put on your walking shoes and enjoy the sights and tastes of downtown and our terrific surrounding neighbourhoods. Enjoy the picturesque Inner Harbour and waterfront paths, Fisherman's Wharf, local shops and some of the best food, beer and coffee in the country. Make sure to wander through Canada's oldest Chinatown and our charming Old Town district. I hope your time in Victoria will be so memorable that we will soon welcome you for a return visit.

Sincerely,

Lisa Helps
Victoria Mayor

JIM & ANNE SCOTT, CHIEFTAINS OF THE GAMES



Jim was born in Manchester England, due to circumstances of the war, Oct 9, 1939 but has good Scottish blood in him to compensate. His father was in the Royal Navy and after being bombed out of Plymouth and Portsmouth the family moved back to Wishaw Lanarkshire.

In 1956 the family emigrated to Canada, first to Hamilton ON, then to Nanaimo. After a stint up north Jim enlisted in the Royal Canadian Navy in April 1958 as a medic specializing in Hyperbaric and Submarine Medicine, training in New London Connecticut USA. Twenty-six years later he took his trade to the Beaufort Sea oil fields, finally retiring from Pacific Pilotage Dispatch 2002.

Since his retirement, Jim has volunteered as Service Officer and currently, Sick and Visiting Chair for the Chief and Petty Officers Association. He was honoured to be Lord Provost of the Saltire Society, President of the Vancouver Island Scottish Country Dance Society and President of the Submariners Association of Canada West.

Anne was born December 24, 1940 at Parry Sound ON. Shortly after she and her parents moved to London ON whereupon her father joined RCME and went overseas. At age three she began a lifetime of volunteering beginning with her Grandmother, in the Red Cross Hut at the CNR Station serving cookies to troops departing from London. April 1959 Anne joined the RCN Wrens as a medical clerk, a couple of months later met Jim, married, and the rest is history! They have two daughters (both volunteered in the V.I.P. Tent) and four grandchildren.

Following retirement from Mount St. Mary Hospital in 1999, Anne volunteered 'at the Mount'; Heart and



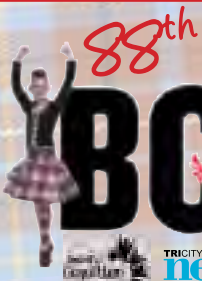
Stroke, V. I. Volunteer of the Year 2002; Broadmead Lodge with Chief & Petty Officers; Lioness (Lions International) 40 years.

"We have both volunteered at the VHGA in one capacity or another since 1999. January 2010 we were invited to join the Board of the VHGA and appointed Co Hospitality Chairs hosting the V.I.P. Tent until 2018."

December 2012 both Jim and Anne were awarded the Queen's Diamond Jubilee Medal for Volunteer Services.

"We are honoured to be appointed 'Co-Chieftains of the 2019 Victoria Highland Games.'"

Tickets at bchighlandgames.com



BC HIGHLAND GAMES AND SCOTTISH FESTIVAL

TRICITY news JUNE 14 & 15, 2019 RE/MAX

New Location

LAFARGE LAKE PARK, COQUITLAM
TAKE SKYTRAIN TO LAFARGE LAKE STATION

Friday, June 14
FROM 5PM

CELTIC KICK-OFF
With The Paperboys

FREE

Saturday, June 15
GATES OPEN AT 9AM

PIPING • CABER TOSSING
HIGHLAND DANCING
MASSED PIPE BANDS

\$15 ALL DAY

A BRIEF HISTORY OF THE GAMES

WHAT?

Featuring competitions on Piping and drumming, dancing, heavy athletics, as well as all kinds of entertainment and exhibits, the Highland Games and Celtic Festival celebrates and helps promote the Scottish and Celtic culture.

WHO?

The original Highland Games were founded by King Malcolm III. In later years, these gathering were used as training exercises for clan warriors.

HOW?

They included tests of strength, agility, accuracy and stamina of the candidates such as the caber toss, the sheaf toss, and the stone throw.

WHEN?

The first Highland Games were held in Scotland in the 11th century, known as Canmore (1058-1093)

WHY?

The Games were originally created to find the fittest men to deliver messages for the King.

For more information, visit the **History Tent** or our website at **victoriahighlandgames.com**

- 1864** ● The first Victoria Highland Games is held by the **Caledonia Benevolent Association**
- 1870** ● Amalgamation of the **Caledonia Benevolent Association** and **St. Andrew's Society**. They continue to managed the games until 1937
- 1888** ● **25th Anniversary** of the Games
- 1938** ● **Victoria Highland Games Association (VHGA)** is formed
- 1939** ● VHGA **donates**
- 1945** ● proceeds to the **Scottish War Effort**
- 1945** ● Games continue to be held at **various venues** around Victoria
- 2008** ● Games move to **Victoria's Topaz Park** to expand the event, including the **Victoria International Heavy Events Challenge**
- 2013** ● VHGA celebrates its **150th Games** and hosts the **Duke of York, Prince Andrew**, as the Chieftain of the Games
- 2014** ● VHGA becomes the sole organization responsible for the historic **Craigflower Manor and Property**



Curious about your Scottish or Celtic heritage? Interested to learn more or discover something new? Join us in the Heritage Hub to hear presentations by experts in traditional food, textiles, music, history and more.

Calling all Foodies! Cooking and Eating in 19th Century Scotland

Theresa Mackay, PhD student, University of Victoria

Want to know how to make crow pie? Come on a food journey as we discover what it meant to feed a family in the 19th century Highlands and Islands. Ingredients, tools, and recipes based on the University of Edinburgh's Maclagan Manuscripts will be shared.

A Corpse-Bin Bed and Oatmeal: Scottish Inns and Innkeepers in the Early 1800s

Theresa Mackay, PhD student, University of Victoria

Between 1790 and 1840 inns in the Highlands and Islands were predominantly run by women. Hear tales of what these women did and what they saw while hosting strangers from away, from illicit whisky sales to run-ins with the law. As heard on BBC Radio 1.

From Sheep to Sweater: transforming fleece, step by step

Victoria Handweavers' and Spinners' Guild

Members of the Guild will share their knowledge of turning a sheep into a kilt! Learn about the properties of wool and see the many processes to transform it into a beautiful, warm and wearable garment.

DNA Testing and Scottish Genealogy Research

Merv Scott, Victoria Genealogical Society

Ever wonder how deep your Scottish roots go or if you have DNA from Celtic ancestors? Interested in finding cousins who can help your family tree research? Discover insights about DNA testing and how to use the results.

Celtic Harp

Alison Vardy, harpist and teacher

Travel through the musical world of the Celts and beyond with harpist Alison Vardy. Enjoy lilting melodies from Scotland, Ireland, Wales, England, Eastern Europe and Canada. Alison plays the music she loves with great skill, connectedness and humour!

The Evolution of the Kilt

Justin Guthrie,

North of Hadrian's Kilts and Celtic Clothing

Kilts and Celtic clothing have a very long and dramatic history, yet many of our ideas about the kilt are based on myth, legend, misconceptions, and (worse yet)

Hollywood. Learn the history, origins, and evolution of the kilt.

Guth Nan Eilean, Voice of the Islands Waulking the Tweed

Victoria Gaelic Choir

In one session enjoy a selection of Gaelic music in four part harmony and solo/duet pieces, from love songs, to rallying Jacobite songs, and humorous dance pieces. In the other, try your hand at 'waulking' tartan. Experience Gaelic musical culture to its fullest!

Traditional Whisky & Beer Making 101

With Tyrus Reynolds, Macaloney Brewers & Distillers Ltd

Learn about traditional methods employed in producing beer and whisky, including tricks of the trade used by the up-and-coming Victoria Caledonian Distillery.

Scottish Influences in the Cultural Landscapes of Esquimalt and Victoria

Richard Linzey, architect, artist and writer

Exploitation of resources like wood, clay, water, and lime have left scars on the landscape. Richard takes us on a ramble through this hidden heritage as we explore long-forgotten Scottish cultural landscapes from local communities.

HISTORY TENT

Come visit the History Tent to learn more about the Games history and Scottish culture! There will be photographs, articles and write-ups on famous Scots, Scottish inventors, Piper James Richardson as well as past Victoria Highland Games from years dating back to the 1860s.

Also, don't miss out on the displays about Craigflower Manor, a National Historic Site of Canada, which is now a new home base for the Victoria Highland Games. Learn more about the plans on reviving this property and building a Scottish Cultural Centre through fundraising efforts, and how you can become involved.



The **Victoria Highland Games & Celtic Festival** is aiming to be a green festival. You will find recycling and composting bins throughout the park.

Please help our green team keep the park clean and enjoyable to all patrons. Your efforts will help the game stay green and

sustainable. If you have any questions about recycling, please visit the Glasgow Green Info Tent to get more information.

Please notice that following CRD BYLAW 3962 the games are a **SMOKE FREE EVENT**. Your cooperation will be highly appreciated.



Clans*

Highland Clan MacNicol of North America
(Deborah Nicol)

Clan Sutherland Society of North America
(Don Hutchins)

Clans MacDowall and MacDougal
(Garnett MacDowall)

Clan MacLaren Society of North America
(Bill and Ruth McFadden)

Clan MacLeod
(Malcolm & Karen MacLeod)

Murray Clan Society of North America
(Bill Murray)

Clan Wallace
(Deb Wallace)

Clan Ferguson Society of North America
(Neal & Darlene Ferguson)

Clan MacAulay
(Joan McAulay & Doug Doughty)

Clan Currie
(David Currie Wendell)

Clan Leslie
(Troy More)

Clan Barclay
(Will Mears)

Clan Stewart of Appin
(Randy Stewart)

Clan Crawford
(Terry Pea)

Clan Mackintosh of North America
(Deborah Walker)

Clan Donnachaidh
(Tim Duncan)

Associations*

Vancouver Island Scottish Country Dance
Society
(Martha Morrison)

Victoria Genealogical Society
(Merv Scott)

United Empire Loyalists' Association of
Canada Victoria Branch
(Frans Compeer and Betty Compeer, UE)

The Victoria Gaelic Choir
(Sean MacUisdin)

Victoria Handweavers' and Spinners' Guild
(Brenda Nicolson)

Fight Like a Highlander
(Gary Kangas, Sybil Kangas and Bruce Gold)

78th Fraser Highlanders
(Randy Stewart)

Old Cemeteries Society
(Steve Thomson)

Tourism Ireland
(Steve Thomson)

Story Tellers
(Jennifer Ferris)

Sons of Scotland
(Irene Feir)

(* This is a list of clans confirmed as of the date of this printing. Visit the Clan Tent for a complete list of clans present at the games.

WHISKY SCHOOL

SAT SUN MON

Whisky School Tent

The whisky tasting school will take place all three days of the games! Each session will feature different single malt whiskies presented by ambassadors representing a variety of scotch and other single malt distilleries. Guests will sit down and enjoy a Scottish educational and cultural experience on the Victoria “whisky trail”. The school sells out each year! Come on by and check it out, and book online early for next year!

Whisky and Chocolate I

Saturday 12:00pm

with Adam Bradshaw and David Mincey

Shelter Point Distillery

Saturday 1:45pm

with Jacob Wiebe

Get to know your Independent Bottlers I

Saturday 3:30pm

with Stacy Kyle of Rare Drams

Get to know your Independent Bottlers II

Sunday 12:00pm

with Stacy Kyle of Rare Drams

Beam Suntory Whiskies Masterclass

Sunday 1:45pm

with Rick Sousa

Traditionally Made by Scots!

Sunday 3:30pm

with Tyrus Reynolds & Macaloney Distillers

Whisky and Local Food Pairing

Monday 11:30am

with Bill Jones and Adam Bradshaw

Whisky and Local Charcuterie Pairing

Monday 2:45pm

with Corey Pelan and Rick Souza

Whisky and Chocolate II

Monday 3:30PM

with Adam Bradshaw and David Mincey



Whisky School is presented by the Victoria Chapter of the Companions of the Quach

WINE SCHOOL

SAT SUN MON

Wine School Tent



The Victoria Highland Games Association is pleased to present “The Wine Tasting School”.

All sessions feature high quality wines (6-7 samples each class) presented by Callum Heap from Everything Wine.

Bubbles! Bubbles! Bubbles!

Saturday 12:00pm

Road Trip: Italy

Saturday 1:45pm

Rouge, Rosso and Rojo: Reds of Europe

Saturday 3:30pm

Blanc, Bianco, and Blanco: Whites of Europe

Sunday 12:00pm

Road Trip: West Coast

Sunday 1:45pm

Old Dog, New Tricks

Sunday 3:30pm

Rooftop

2019 PATIO SEASON

Rooftop

DRUM 'N RIB NIGHT

EVERY OTHER THURSDAY
STARTING MAY 30

Rooftop

SEAFOOD BOIL

EVERY OTHER THURSDAY
STARTING JUNE 6

Rooftop

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MONDAY - FRIDAY
4PM - 6PM

VICTORIA'S ENTERTAINMENT CENTRE

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Victoria Highland Games
Whisky School

DRAM
ASSOCIATION



919 Douglas St - dramassociation.com

Joe Higgins

Joe Higgins is a solo Scottish singer/songwriter, who immigrated to Canada in the mid 90's and has performed locally ever since. Prior to coming to Canada, Joe performed in Glasgow, London, Germany and Austria. Joe has performed at past Highland Games and his Celtic songs have been played on CFUV and CBC radio stations.

Coastline

Coastline is a Victoria based string ensemble comprised of BC's top young musicians coached and mentored by renowned fiddle phenomenon, Ivonne Hernandez. This award-winning band has already been making a name for themselves since their inception in January 2013. With fiddles, cellos and guitar, the group of talented teens plays a diverse and exciting repertoire of fiddle tunes from around the world. Their debut album was a 2 time Canadian Folk Music Award nominee and they just released their highly anticipated new album called 'The High Drive'. www.coastlinefiddle.com

Black Angus

Black Angus means good songs, good humour, good friends, and good whiskey. Gareth Hurwood is the voice, the guitar, the passion and the poetry. Alex MacCuaig is the driving force on upright bass and high lonesome harmonies. Sarah Tradewell on fiddle brings traditional fire and grace. Their performances take listeners from Vancouver Island to Ireland and back, fueled by their collaboration, and enjoyment of the music. Black Angus has great presence, is devoted to great songs, and is near-impossible to pigeon-hole. Come hear for yourselves. www.blackangusmusic.com

Crikey Mor

Hailing from Victoria, BC, Crikey Mor delivers a tightly arranged whirlwind of traditional Irish reels, jigs, polkas, and songs that will keep your spirit moving. The group consists of Nancy Grossert on fiddle, Tasia MacKay on flute, Eric Reiswig on uilleann pipes, Jeremy Walsh on guitar, Andrew Morris on bodhran, and all on vocals—and hopefully a bunch of wild dancers in the audience. Crikey Mor have performed in Victoria and all around Vancouver Island, including the Victoria Highland Games Festival, Providence Farm Islands Folk Festival, Folkwest, Read Island Beach Fest, many of the neighbouring Gulf Islands, and have even brought their foot-stomping music to the small Malcolm Island town of Sointula, BC. Crikey Mor also performed in Harrison Hot Springs, BC with the Harrison Festival Society, as well as CelticFest Vancouver 2014 and 2015. www.facebook.com/crikeymor

Celtic Reflections

Patrick and Patricia De Gabrielle have lived in East Sooke for fifteen years, and performed together as Celtic Reflections for concerts, weddings, house parties, and special community events, from Victoria to all over the Island and the mainland, to their recent stage debut in Jalisco, Mexico. They are both trained musicians and seasoned performers with a theatre background. In addition to performing full time, they also teach in their home studio, sharing their love of music with adults and children.

Cookeilidh

If it's a kitchen party yer after...you've come to the right place. Cookeilidh are a four piece Celtic band from Victoria comprised of a twelve string guitar, fiddle, wooden Irish flute, bodhran and vocals. Noted for their high energy performances, fasten your seatbelts; it's going to be the craic! www.cookeilidh.com

Blackthorn

Blackthorn features four talented musicians, three of whom share lead vocals, bringing a refreshing diversity of character to the group's polished sound and all four contribute a mastery of a colourful variety of instruments. Blackthorn's extensive repertoire is rooted in the musical traditions of Scotland and Ireland as well as the folk music of English and French Canada. Their repertoire has expanded to include creative original compositions that reflect the influences of these traditions. From lively jigs and reels, to songs with rousing choruses and heart-wrenching airs and ballads, they bring the music to life with their luscious harmonies and complex instrumentation. <http://blackthornband.com>

Tom Morrissey

Tom Morrissey hails from Mt. Pearl Newfoundland the son of the late Joan Morrissey, Newfoundland's first lady of song. Playing east coast music all over the world he is joined by Ian Todd from Ottawa on bass guitar, John Paul Kelly from Fort St. John on mandolin and Levi Lawson from Smithers on drums. The band plays a blend of Celtic high energy music guaranteed to get your toes tapping. www.reverbnation.com/tommorrisseyband

Sarah Tradewell

Award winning fiddler Sarah Tradewell is a Victoria-based musician whose middle name should be versatility. Not only a fine fiddler, you may have seen her performing with the Victoria Symphony Orchestra, with singer Ken Lavigne, in shows with Blue Bridge Repertory Theatre, or at the Irish Times Pub with Black Angus. Sarah is well known to fiddlers and folkies as a fixture in the fiddle community: equally comfortable playing old time, country and Celtic music. Sarah is a two-time BC Fiddle Champion and has competed at the invitational Canadian Grand Masters Fiddle Championships. Sarah has performed at the first Victory Ceremony at BC Place for the 2010 Winter Olympic Games, in professional theatre productions (Hank Williams, Patsy Cline, My Fair Lady, Pride and Prejudice, Animal Crackers), and at the Sydney Opera House with the YouTube Symphony Orchestra 2011. Visit www.sarahtradewell.com

Ivonne Hernandez

Ivonne Hernandez has been captivating audiences and capturing the hearts of fiddle fans across the world. The 5 time North American Fiddle Champion and 2017 Juno Award nominee has had much success in performing and teaching because of her technically brilliant fiddling, added with her singing and step dancing and of course her charisma. Ivonne's show along with brilliant guitarist and singer-songwriter Tad Ruszel, has been wowing audiences and leaving them wanting more. www.ivonnehernandez.com

McGillicuddys

McGillicuddys have been please Celtic rock audiences for the past decade. With their high energy stage shows and cool spin on traditional tunes, no listener is immune to a good time. They always dress the part and the swish of the tartan can be felt all the way to the back row of their concerts. Accordion with attitude and grinding guitars always push the good times to the limit. www.mcgillicuddys.ca

The Clanns

Bringing more than a pint of fervor and charm, The Clanns are a lively Celtic Rock band from Vancouver Island, BC. Drawing their influences from traditional and modern music from the likes of Flogging Molly and the Pogues, The Clanns are known for their spirited and fun shows that entertain fans of all ages.

Terry Boyle and Ceilidh Briscoe

MTerry Boyle is a singer/songwriter from Dublin, Ireland. With a vast repertoire of Celtic songs, some teary, some cheery, some sing-along and some from the archives, Terry has a song or story for every occasion. As a songwriter Terry's style is varied, evolving and always entertaining. Terry released a 7 song CD, "Life's Too Short" in November 2018. Ceilidh Briscoe, from Victoria, BC, is a five time North American Fiddle Champion, an All-Ireland Fiddle Champion, and studied for six years with the fabulous 5 time All-Ireland Champion, Brian Conway. Together, Terry and Ceilidh present a dynamic range of songs and tunes in the style of an intimate kitchen concert. Usually exhilarating and free-flowing, sometimes mellow and thoughtful, but always hugely entertaining and engaging, this exciting duo is not to be missed.

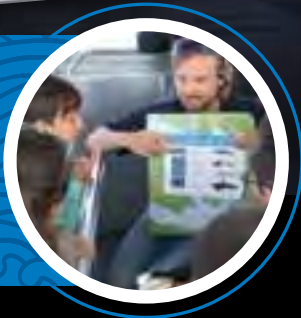
Knacker's Yard

Hailing from Victoria, British Columbia (Coast Salish Territories), Knacker's Yard has been arranging and performing traditional Irish, Scottish, English, Australian, and original music since 2013. Comprised of Bronwyn Churcher (fiddle, vocals), Stephen Johnson (accordion, tin whistle, vocals), Jon MacDonald (guitar, vocals), Cody Baresich (mandolins, vocals), Shaun McConnell (bodhran, bones, chimes), and Dexter Simpson (Irish tenor banjo), the group breathes new life into the Celtic ballad and shanty genres. The energy of the band's expansive repertoire ebbs and flows with drive and dynamism, as they pay tribute to, and take inspiration from, legendary predecessors like The Dubliners, The Pogues, Planxty, The Clancy Brothers, The Chieftains, and The Wolfe Tones. Intricate lead work, driving rhythms, finely crafted arrangements, and careful attention to slow airs and ballads makes for a listening experience that is both powerful and enduring. Following the success of their first self-produced and independently released album, "The High Street Demo" in 2013, the group has unleashed a string of full length albums that include "Live at Dunsterville" (2015), "Songs of the Sea" (2016), and "The Dram & The Fray" (2017). The band have just released their fifth studio album which was recorded by Joby Baker in April of this year.

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O'Brien School of Irish Dancing

With a number of locations around Victoria and Duncan and Ladner, O'Brien Irish dancers are promoting Irish dance and culture to children and adults. Dancers are taught skills beyond the dance class with performance opportunities, community involvement, and personal fitness all in a fun, friendly and respectful environment. The O'Brien School teachers are qualified with An Coimisiun in Ireland, first aid trained and encourage participation from all dancers whether recreational or competitive. Irish dancing with the O'Brien School will help build confidence, promote the importance of dedication and discipline, and develop friendships and memories!

Victoria Irish Dancers

The Victoria School of Irish Dance was established by founder, Alison Paladini, T.C.R.G. After the release of the popular shows Riverdance and Lord of the Dance, Alison responded to the demand in interest for Irish Dance classes by beginning small classes in recreational facilities. Since then, the Victoria School of Irish dance has now expanded to offer classes in Sidney, Victoria, Esquimalt and Nanaimo.

The school is home to both recreational and competitive dancers. Dancers in the school have found success in local, regional and international competitions. Dancers have had the opportunity to travel as far as Ireland, England, Scotland, Mexico, New York, Boston and Montreal, just to name a few.

Victoria Games Dancers

The Victoria Games dancers are a group of local highland dancers ranging in age from 7-adult who perform and compete in various highland dance events. The dancers are all members of the Bon Accord Highland Dancers under the instruction of Lynne Griffiths and many of the older dancers are also dance instructors. We will be performing a variety of traditional and national highland dances.

Mount Baker High School Mountaineer Marching Band

The Mount Baker High School Mountaineer Marching Band from Deming Washington, the band regularly travels to Victoria, but also has performed at the University of Washington in Leavenworth Washington, and Disneyland California on at least 14 occasions in the past 45 years.

The band has been wearing kilts as their uniform since the 1930s. The community is very proud of the uniforms and this Scottish heritage.

Scottish Country Dancers

Scottish Country Dancing is the social dancing of Scotland and is danced throughout the world. The Vancouver Island Scottish Country Dance Society dancers are a lively group of over 130 dancers who love to introduce newcomers to the joys of Scottish Country Dancing. The group offers six classes a week ranging from the basic to advanced levels and monthly socials both in Victoria and the Western Communities. It's a great way to keep fit and to meet new people in a very social setting. The Demonstration Team of the Vancouver Island Scottish Country Dance Society performs choreographed routines designed to best share our Scottish heritage with our audiences. The group dances reels, jigs and slow graceful strathspeys as well as step dancing. www.viscds.ca.



PIPING & DRUMMING



Greighlan Crossing

The Greighlan Crossing Pipe Band is a competitive pipe band based in the Metro Vancouver area. Comprised of mostly local residents, the band's membership also includes pipers and drummers from the BC Interior, Sunshine Coast and Washington State. You'll spot the band's members wearing the Sutherland Old Weathered tartan.

Under the musical direction of Pipe Major Myles Wilcott, Pipe Sergeant Jeff Rowell and Drum Sergeant Brett Kirby, GCPB competes at the Grade 3 level. The band attends a majority of the Highland Games in the Pacific Northwest, experiencing ongoing success in its grade level. GCPB is the reigning BC Pipers Association Grand Aggregate Band - Gr 3.

Outside of the region, the band has repeatedly competed at the Caledonian Club of San Francisco Highland Gathering in Pleasanton, California. In its young history, the band had the pleasure to perform at the Beijing International Tourism Festival (Beijing, China) in 2010 and 2012. While in China, the band also performed on the Great Wall of China, and at the Luoyang Cultural Festival.

Plans are currently in the works for another international engagement in 2020.

DUTY PIPE BANDS

History of Bagpipes

The great highland bagpipe, Scotland's national instrument, originated in the Middle East before evolving in Europe during early civilization. However, once they arrived to Scotland, the bagpipe quickly became a significant part of Scottish culture and heritage.

For years, Ancient Celts played the pipes leading clans into battle until 1745, when the Hanoverian Government wiped out the Jacobite Risings Army (highlanders) in the Battle of Culloden.

As a result, the Government implemented the Act of Proscription forbidding the wearing of tartan, use of the Gaelic language and playing of bagpipes. It was at this time that the bagpipes were declared as a weapon of war, as the skirl of the pipes stirred troops into battle and instilled fear in the enemy.

To this day, the pipes are the only musical instrument that was lawfully banned as a weapon of war. Under Proscription, any activity celebrating the Highland way of life was punishable by death.

The act lasted until 1782 when the English started to raise Highland Regiments allowing them to wear kilts and play the bagpipes. In more recent years, pipers continued to lead troops into the trenches during WWI, WWII and the Gulf war.

Vancouver Island Caledonian

Van Isle Caledonia was created by a group of passionate and talented musicians who wanted a high caliber competition Pipe Band on the Island. Established in 2015, the band is based out of Victoria and has expanded to include membership in Nanaimo and Campbell River.

Wearing the Heritage of Scotland Tartan, Van Isle Caledonia is Led by Pipe Major Richard Findlay, who was a member of the Denny and Dunipace Gleneagles Grade 1 Pipe Band and the Los Angeles Scottish Pipe Band. Drum Sergeant Andrew Appleby, who also has experience at the highest level, having played with the Grade 1 Toronto Police Pipe Band.

This is the Fourth season the band will be competing and planning to attend 5 contests this year throughout the Pacific Northwest. The band is focused on having an exciting and fun repertoire, with a mix of traditional and contemporary music.

The band has enjoyed the first few years of competition and constantly strives for excellence in Tone, Musical Expression, and Ensemble. The band is always accepting new membership and can be contacted via Facebook, www.vanislecaledonia.com or email at gordomenz@gmail.com



Piping Judge
Donald MacPhee

Donald MacPhee is a member of the RSPBA Adjudicators panel and the Piping representative on the APMB. After a successful pipe band career he retired from pipe band competition at the end 2014 accumulating 34 Major Championships, 8

Champion of Champions titles, 6 World Championships and 2 Grand Slams while a member of the Field Marshal Montgomery.

Some of his solo major successes are Former winner (ceol beag) at both the Argyllshire Gathering and Northern Meeting, The New Zealand Piobaireachd Society's Gold Medal, The Donald MacDonald Cuaich .The Former Winners MSR at the Scottish Pipers Association professional contest, the overall solo piper award at the Cowal Highland Gathering and winner of The Highland Society of London's Gold Medal at the Northern Meeting. Donald holds a Graduate & Senior Teachers Certificate from the Institute of Piping as well as the Advanced Certificate and Teachers Certificate from the RSPBA.

He is also a well respected and traveled solo Adjudicator on the Competing Pipers Association supplemental list of solo Adjudicators for active competitive pipers and a Visiting Assessor and External Verifier (Scottish Bagpipes) with the SQA (The Scottish Qualifications Authority). He teaches for the Argyll and Bute Council at Hermitage Academy in Helensburgh and lives happily with his wife Christine, a former 6 time World Highland Dance champion in Alexandria where he is a successful Reedmaker.

About Bagpipes, Drums & Pipe Bands

The Highland Bagpipes are one of over thirty different types of pipes found in different cultures around the world. The Scottish pipes have three drones, a single chanter that houses the nine notes of the pipe scale and a bag, traditionally made of sheep skin or synthetic material.

A Scottish pipe band consists of a pipe section (between 6-25 pipers), the drum corps, (between 3-10 "side" snare drummers) and the midsection consisting of several tenor drummers and a bass drummer. Bands are classified by grades from grade 5 (novice) to Grade 1 (the top grade).

Solo piping and drumming is also classified from grade 5 to grade 1, yet also includes a beginner class (on practice chanters, drum pads and tenors) and an open (professional) class , one level above grade 1. Pipe bands play a variety of tunes including marches, strathspeys, jigs, reels, slow airs and medleys.

2019 Victoria Caledonian Distillery Open Piobaireachd Competition

The word "piobaireachd" literally means pipe playing or pipe music, but is now

used to describe the classical music of the Great Highland Bagpipe. Another name for it is "Ceol Mor" meaning the Big Music, which separates Piobaireachd from all other forms of bag pipe music (marches, reels, jigs etc.) which are referred to as "Ceol Beag" – the Little Music.

It consists of a theme or "ground", with a succession of increasingly complex variations that follow the theme. These

variations are divided into movements and performed in (relatively) rigorously defined order and manner. Pibroch compositions are distinguished from other traditional Scottish tunes by their considerable length (typically 8-12 minutes long), slow rhythm, complex ornamentation and virtuosic nature.

Nothing resembling piobaireachd has been discovered in any other country in the world. The open Piobaireachd competition, featuring the top pipers in the Pacific Northwest, is proudly sponsored by the Victoria Caledonian Distillery & Twa Dogs Brewery.

PIPING & DRUMMING



DRUM MAJOR

See drum majors twirl and toss their maces in the air as they compete during the games weekend. This is a crowd favourite and provides a spectacle of colour, motion and music.

Drum Major

Alan McBride

Alan lives in Kilkeel, County Down, the southern-most town in Northern Ireland and works in Belfast for Tourism Northern Ireland. As a drum major, Alan has been 5 times World Champion, won 13 All-Ireland titles, 13 Ulster, Scottish, British, Cowal, European and Australian titles.



He has travelled all over the world for contests, exhibitions, workshops and judging. He has sung and drum majored at the Avenches tattoo in Switzerland and the Senior Drum Major at the Spasskaya Military Tattoo on Red Square in Moscow for the last few years. He will be taking up this role again this year in both Moscow and Khabarovsk where he will also be singing.

As a singer Alan has performed in the Opera House Belfast, Lyceum Theatre

in London, Helix Theatre in Dublin, Australia, South Africa and on RTE (Raidió Teilifís Éireann, the national public service broadcaster of Ireland) and BBC Television and for the former Irish President Mary McAleese at Aras an Uachtarain Dublin.

Primary Elements of Judgement

EXECUTION – the technical aspects of playing an instrument with controlled sound.

MUSICAL EXPRESSION – the ability to properly phrase tunes at tempos that contribute to its overall musicality.

TONE & TUNING – the overall sound of the instruments. Proper tuning and blending of the chanter and drones contributes to tone. Tuning should be done so that no wavering sound is detected as the instrument is played.

ENSEMBLE – pertains to band competitions. The ensemble judge listens to the 'fit' of the drum score to the pipe music, the balance of volumes from side, tenor, and bass drums with the pipes, and the overall effect of 'one great instrument'.

Master of Ceremonies

Ken Misch

Drum Major Ken Misch resides in Las Vegas, Nevada and is currently the Drum Major of the United States' most successful pipe band, the Grade 2 Los Angeles Scottish Pipe Band. He is one of oldest members of the Nine Fine Irishman Team in Las Vegas.

His first performance was at the pubs preopening. Starting his drum major career at age 11, he has been performing for almost 40 years and was the Drum Major for the University of Colorado Marching Band.

Ken has proudly lead and orchestrated joint performances with the United

States' Marine Band San Diego and the 3rd Marine Aircraft Wing Band, together with the Los Angeles Scottish Pipe Band and was the senior drum major for the Royal Visit of the Prince Andrew in Victoria Canada.

He has been the director of ceremonies and massed bands throughout the Southwestern United States, he has also served as Vice Chieftain for the Las Vegas Celtic Society Highland Games. Ken was selected as one of the Kings of Mardi Gras



in New Orleans for the Krewe of Okeanos in 2012.

Not only was he presented with the key to the city by the mayor, he was the first King to ever have a pipe band as his official escort on parade. Ken has served as a Senior Drum Major in the Victoria Military Tattoo and as the Senior Drum Major in the New York Tattoo.

He is very proud of his association with the Las Vegas Pipe Band and the Las Vegas Emerald Society Pipe Band. He has been the guest drum major for the Los Angeles Police Emerald Society and was the senior drum major at 2017 National Police Memorial in Washington D. C..



Drum Major Jason Paguio

From Coronado, California, Jason Paguio is a 5-time World Champion Drum Major. Jason won his first world title in the Juvenile category (18 & Under) in 2004.

In 2007, he made international history by becoming the first person from outside the United Kingdom to win the World Drum Major Championships in Glasgow, Scotland.

Following that title, he has qualified as a finalist 11 consecutive years and repeated his World Championship wins in 2010, 2013, and 2014, making him the most successful active competitor at the World Championships. He was 3rd in the 2018 World Championships.

Originally a classically trained trumpet player, Jason's began his drum major career in an American-style marching band.

Jason is honoured to represent Simon Fraser University Pipe Band as their drum major, performing with the band in local contests, at the World Pipe Band Championships, in many of the band's concerts, and throughout the world as a drum major instructor in South Africa, Japan, Scotland, Ireland, Canada and the United States.

He is the President and CEO of the Asian Business Association of Sand Diego and is a member of the United State Coast Guard Auxiliary.

Drum Major Lineup

Drum Major Jacy Anderson

- Drum Major for the San Diego Cameron Highlanders.
- Started spinning and marching at age 13
- Competed in Canada, France, UK, and throughout the states

Drum Major Kevin Conquest

- Started drum majoring in 1991
- Has earned the North American, United States, and Canadian Champion titles along with several World Championship finals
- Adjudicator with the Western U.S. Pipe Band Association
- Invested into the Order of St John in 2018 for worldwide contributions to the Scottish diaspora

Drum Major Dave Cubberly

- Drum Major for Prince Charles Pipe Band, in San Francisco, California.
- Competitive Drum Major, instructor and adjudicator for over 30 years.
- Holds the record for cumulative 1st place wins in Scotland by any American Drum Major
- Wears the Black Stewart tartan.

Drum Major Dennis Ducsik

- Winner of the North American Championship in Maxville Canada in 1999
- Competed at the World, European Scottish
- Competed at the Ulster Championships in the United Kingdom
- Over 30 years as Drum Major for the Worcester Kiltie Pipe Band

Drum Major Dave Melton

- Began Drum Major in high school and started competing again in 2007
- Member of the judging panel for the Western United Pipe Band Association
- Senior Drum Major for the 2018 World Champion Pasadena Scottish Pipes and Drums
- Proudly wearing the California State Tartan
- Resides in Lake Forest, California

What is a drum major?

A drum major leads a pipe band while marching and is responsible for providing commands and directions of what the band will play and when.

The commands may be given either verbally, through hand gestures or with the use of their mace. The drum major often holds the responsibility to keep the band organized and structured.

The Scottish Drum Major competition is an exciting highlight of any highland games, providing the audience with a perfect spectacle of tradition, mixed with innovative showmanship.

Competition Day

Drum Majors start their competitive day with a full military-style inspection. Each component of their uniform must be clean, worn properly, and per general rules of highland dress. This is an important piece of drum majoring tradition as the drum major is the example to their band.

The competition heats have the drum majors line abreast, marching to the tune of a duty pipe band playing 6/8 quick marches.

The first time through a part of music has the drum major demonstrating one of two walks. The first, rolling the mace or "beating time" as it's called, demonstrates the traditional signal to the bass drummer for keeping the time.

The State Walk

The other, called the state walk, is symbolic of the pikeman's walk used to clear a path through busy crowds in the late medieval era. During this section, the judge looks for clean, smooth movements of the legs and arms, perfect timing, and stern deportment.

On the repeats of the parts of music, the drum major is free to demonstrate flourishes and throws with the mace in their own creativity. There are no rules or limits to flourishes only that they must fit the timing of the music and end with the start of the next part.

At the end of the contest, the best drum major of all three aspects, dress, drill, and flourish, will be named Canadian Invitational Champion!

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Up until the 1900s, Highland Dancing was originally an athletic event for Scottish Men only, to keep soldiers in the Scottish Regiments in top physical shape for battle.

It wasn't until the World Wars that women started dancing, to keep their heritage and culture alive while men fought in war. Today, Highland Dancing organizations and schools exist around the world and women outnumber men significantly.

Dancers around the world perform both **Traditional** and **Scottish National Dances**.

Traditional Dances include the Highland Fling, Seann Truibhas, Sword Dance, Reel of Tulloch, Irish Jig and Sailor's Hornpipe.

Scottish National Dances include Blue Bonnets, Scottish Lilt, Highland Laddie, Earl of Errol, Flora MacDonald's Fancy and Village Maid.



What are judges looking for?

In competitions, dancers are judged on three fundamentals: **timing**, **technique** and **general deportment**.

Dancers are judged on their **timing** by their ability to follow and keep to the rhythm of the

music.

Good positioning of the feet and hands, strong footwork and coordination of the head and arms are important **techniques** watched closely.

Dancers are judged on **general deportment** through their posture, balance, carriage of their head, body, arms, hands and general confidence and happy demeanor.

While highland dancing is an athletic skill dancers must perform with lightness and graceful ease.

Competition

In competition, each dancer is ranked according to one of five groups: **Primary**, under 7 years of age; **Beginner** until winning 6 different contests; **Novice**, until winning 6 more competitions; **Advanced Intermediate**, for one year from date of last Novice competition; and then **Open or Premiere**. Each of these groups has several age classifications.



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A Féis is a traditional Gaelic arts and culture festival. The plural forms are féiseanna (Irish) and fèisean (Scottish Gaelic). The term "féis" is commonly used referring to Irish dance competitions and, in Scotland, to immersive teaching courses, specialising in traditional music and culture.

ENTERTAINMENT STAGE

Irish dancers have 7 levels of dance, first feis being their first competition and open champion is the highest level of dance, dancers are categorized by age

Grades dancers complete 7 dances including a reel, light jig, single jig, slip jig, treble jig, hornpipe, and traditional set dance.

grade dancing (starting at 8:30am)

FIRST FEIS solo dancing
FIRST FEIS TROPHIES

PRIZEWINNER SOLO DANCING

PRIZEWINNER/NOVICE TROPHIES and specials

NOVICE SOLO DANCING

ADVANCED BEGINNER SOLOS

BEGINNER/ADVANCED BEGINNER TROPHIES and specials

BEGINNER SOLOS

MAIN STAGE

Championship dancers complete three rounds of dancing one soft shoe, one hard shoe and one set dance of their choice

adult dancing (starting at 8:30am)

ADULT FIGURES/SOLOS/TROPHY

PRELIMINARY / OPEN CHAMPS

18 AND OVER prelim / open

UNDER 18 prelim / open

specials

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UNDER 14 prelim / open

UNDER 12 prelim / open

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 - B1 Crooked Caber** (D7)
 - B2 Rampant Lion** (B4)
- G Entrance Gate**
 - G1 Finlayson Gate** (C2)
 - G2 Glasgow Gate** (A5)
 - G3 Topaz Gate** (C7)

- Heritage Tent (C5) **1**
- Dog Events (B6) **2**
- Children's Area (B5) **3**
- Clans' Tents (B5) **4**
- Merchant Vendors (B4) **5**
- Food Court (A4) **6**
- Whisky School (C4) **7**
- Celtic Music Tent (C4) **8**
- Entertainment Stage (A5) **9**
- Main Stage (D4) **10**
- History Tent (C5) **11**
- Open Piobbaireachd (B7) **12**
- Hospitality Tent (C4) **13**
- Volunteer Tent (C3) **14**
- Victoria Scottish Community Centre (C5) **15**
- Beer / Wine School (C4) **16**
- Piping and Drumming Tent (D4) **17**
- Swordfighting / HEMA Tent (D5) **18**

A promotional image for a radio show. Two men, Ed and Cliff, are lying in a bed with a grey quilted blanket. They are both wearing large black headphones with microphones. The bed is set against a light-colored wood-paneled wall. On either side of the bed, there are bedside tables with various items like a remote, a clock, and a small lamp. The overall scene is presented from a top-down perspective.

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NOTE: schedule subject to change without prior notice

	Blanshard Field	Glasgow Green	Topaz Field (Heavy Events)	Finlayson Turf	Entertainment Stage	Main Stage	Celtic Music Tent	Heritage Tent	Whisky School	HEMA Swordfighting	Dog Events Field
08:00											
08:30											
09:00	Solo Piping & Drumming Competition		Men's Amateur A/B, Women's Amateur competition		Highland Dance Competition (primary, beginner, novice)			Harpist Alison Vardy		Women's Longsword pools & elim	
09:30											
10:00		Visitor Competitions				McNamara Cup Hurling and Gaelic Football Quarter and Semi Finals Final at 15:00		Celtic Reflections	Scottish Influences in the Cultural Landscapes of Esquimalt and Victoria		
10:30											
11:00											
11:30											Dog Agility
12:00						Highland Games Opening Ceremonies	Women of the Celtic Fiddle		The Douglas Laing Scottish Regional Malt Collection II		
12:30	Massed Bands										
1:00	Amateur and Invitational Drum Major Demonstrations	Invitational Steel Sabre Tournament	Vision 2000 Open Stone Put	Falcon Demonstrations	Highland Dance Competition (Intermediate and premier)		Blackthorn	Traditional Whisky and Craft Beer Making		Steel Longsword pools & elim	
1:30			McLean Financial Management Heavy Hammer Toss								Dog Agility
2:00											
2:30		Visitor Competitions									
3:00	Pipe Band Competition and Massed Bands										
3:30			W.J. Maxwell Challenge Caber Toss								
4:00											Dog Agility
4:30			Lighthouse Brewing Company Keg Toss								
5:00											
5:30						Highland Games Closing Ceremonies	Tom Morrissey				
6:00											
6:30							McGillicuddys				

A person wearing a white long-sleeved shirt and a purple and green plaid kilt is pulling up the kilt with their right hand, revealing their left leg. They are wearing white knee-high socks with a purple decorative element at the top and black lace-up shoes. A small tattoo is visible on their left calf. The background is a blurred outdoor setting with green grass and trees.

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The Events

The Heavy Events have been contested at Highland Games for centuries, starting with games set up by King Malcolm III of Scotland to select the strongest men in Scotland to serve as his personal bodyguards. Implements used are those that were in use at that period of history, blacksmith's weight's, hammers used for driving fence posts, stones from the local rivers and trees cut down by woodsmen. There are nine traditional events that you will see contested and all are a true test of not only strength but skill and athleticism.

Victoria Highland Games Field Records

Victoria Open Stone

56'3.25"	48'10.5"
Matt Vincent – 2013	Adriane Wilson – 2013

Victoria Braemar Stone

41'10.75"	37'6"
Andy Vincent – 2015	Jessica Bridenthal – 2017

Lightweight for Distance

92'2.5"	90'10"
Matt Vincent – 2015	Elissa Hapner – 2018

Heavyweight for Distance

48'3.25"	55'1.5" (World Record)
Spencer Tyler – 2016	Jessica Bridenthal – 2017

Light Hammer

142'10.5"	111'9"
Matthew Doherty – 2018	Kristy Scott – 2013

Heavy Hammer

117'8"	91'3"
Matthew Doherty – 2016	Kristy Scott – 2014

Weight for Height

18'2"	18.1'
Andy Vincent – 2016	Elissa Hapner – 2018

Putting the Stone

The precursor to the modern Olympic shot put, the Stone Put is thrown in two styles. The Braemar Stone is a standing throw with no approach and a stone weighing up to 28lbs. The Open Stone weighing up to 20lbs is thrown with the option of an approach (glide, spin, etc)

Weight for Distance

The athlete uses a spinning technique to throw either the Lightweight (28lbs for Men and 14lbs for Women) or the Heavy Weight (56lbs for Men and 28lbs for Women). The weights involve a ball and chain measuring no more than 18" and are thrown with one hand aiming for greatest distance.

Throwing the Hammer

The Hammer involves a weighted head attached to a rigid pvc handle. The Hammer is spun overhead multiple times and released so that the Hammer flies behind the athlete. The Light Hammer weighs 16lbs for Men and 12lbs for Women and the Heavy Hammer weighs 22lbs for Men and 16lbs for Women.

Weight for Height

Weight for Height is one of the greatest tests of explosive power

in Heavy Events. A 56lbs weight for men and 28lbs weight for women is thrown with one hand overhead for maximum height. The athlete has three attempts at each height and is scored on the last successful height cleared. The winner is the athlete that clears the greatest height.

Sheaf Toss

The Sheaf is a burlap sack weighing up to 20lbs that is thrown for height using a pitch fork. Rules are very similar to the Weight for Height and again the athlete who clears the greatest height being the winner.

Tossing the Caber

A Caber is a tapered log measuring up to 20+ feet. The athlete will attempt to pick up the Caber and balance it holding the small end. He will then run with the Caber and attempt to flip the Caber end over end. The Caber is not thrown for distance but rather accuracy using the hands of a clock. The goal is for the Caber to flip and land straight in line with the direction he was running, a perfect score being at 12 o'clock.

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Jason Banes

Age: 40 • 6' • 245 lb • Dalkeith, ON • VP of J.Lanfranco Fasteners • Ranked 7th in Canada • M35 Canadian indoor weight throw record holder • M35 World Master Championships Silver medal for Hammer throw and 35# weight throw



Spencer Tyler

Age: 35 • 6'4" • 320 lb • Calgary, Alberta • Communications • 2nd at 2017 CSAF Canadian Championships • Consistent podium finisher at the Canadian Championships • Multiple time World Championship competitor



Rob Young

Age: 36 • 6'4" • 330 lb • New Braunfels, TX • Sales • 3rd place at 2017 World Championships • Holds five World Records in the Heavy Events • #1 ranked North American athlete in 2018

Daniel Tennison



Chuck Kasson



Age: 36 • 6'5" • 315 lb • Wichita, KS • Gym owner (Valhalla Barbell Club) • #2 ranked North American athlete in 2017 • 2017 USA Caber Champion • 2nd place at 2017 North American Championships

Age: 32 • 6'4" • 275 lb • Lincoln, NE • Orthopedic Physical Therapist • Current World Heavy Events Champion • Ranked #2 on North American ranking page for 2018 season

HEAVY EVENTS - PRO ATHLETES

27 • 6'4" • 330 lb • Sacramento, CA • Track and Field coach (Sacramento State University) • 2x World Amateur Heavy Events Champion • NCAA National Championship Qualifier in Hammer • Ranked 3rd in North America 2018 (first pro season)



Kyle Lillie



Lorne Colthart



28 • 6'4" • 280 lb • Blair Atholl, Scotland • Arborist • Scottish Native Champion four years running • 2017 World Caber Champion • Placed 5th at 2017 and 2018 World Championships

Andy Vincent



40 • 6'4" • 315 lb • League City, TX • Business Manager • 2013 North American Champion • 4th 2013 World Championships • former NFL player (Miami Dolphins, Detroit Lions)

Damien Fisher



27 • 6'7" • 285 lb • Bellingham, WA • Years Competing: 5 • Strength and Conditioning Coach/T&F Coach (Western Washington University) • 2015 USA Invitational Amateur Champion • 2015 North American Amateur Champion • placed 7th at 2018 World Heavy Events Championships

Josh Goldthorp



31 • 6'4" • 300 lb • Chilliwack, BC • Federal Peace Officer • 2007 CSAF Canadian Junior Champion • 2010 CSAF Am Champion • 3rd at 2017 CSAF Canadian Championships

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Jamie Clark



28 • 5'10" • 195 lb • Calgary, AB • Years Competing: 10 • Teacher • Canadian Record holder for the Heavy Weight for Distance • #2 ranked thrower in Canada for 2018



Kadie McNamara

25 • 5'9" • 250 lbs • Phoenix, AZ • Years Competing: 1 • Occupation: Social Worker • Chosen for the West America team in the annual West vs East Highland Games

Kate Jacobsen



33 • 5'8" • 185 lbs • North Bens, WA • Years Competing: 9 • Marine Engineer • Former World Record holder in Sheaf and Lightweight for Distance • 2015 Victoria International Heavy Events Champion • 2012 North American and US National Champion



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STRONGMAN CHALLENGE



2019 Lighthouse Brewing Company Victoria Strength Challenge

Strongman refers to the modern day strength competitions made popular on TV in the 1970's as the **World Strongest Man**. Events in Strongman are designed to test a competitor's strength in a variety of different ways, testing not only their power and strength but also their muscular endurance and coordination.

Victoria Stone Throw

Athletes will throw a heavy stone (Men=50lbs, Women=26lbs) for distance. Each athlete will get three throws and best distance counts. Athletes will get 10' run up to the throwing trig.

Keg For Height

The athletes will be throwing a standard beer keg for maximum height, they will have 45 seconds at each height to make it over and are scored on the last successful height cleared. Whoever clears the highest height misses wins.

Farmers Walk

Athletes will attempt to walk with weighted implements in each hand with the most weight possible for a set distance of 50'. Each round the implements will be loaded with more weight, athletes that are successful at that weight

move on to the next round. Winner is the last man left who has completed the most weight.

Log Press

Athletes will lift a weighted log up from the ground and press it overhead, complete the lift as many times as you can in 60 seconds, winner is the athlete with the most completed reps.

Strength Medley

O Athletes will attempt to complete a course of four different strength tasks in the least amount of time. The course will consist of carrying a heavy sandbag (100lbs to 200lbs) for 50', dragging a weighted sled (100lbs to 260lbs) with a rope for 50' and then loading two Atlas Stones (100lbs to 340lbs) up onto a loading platform four feet off the ground. Winner is the athlete who completes the course in the least time.

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Historical European Martial Arts

Europe produced a remarkable literature of combat, from many countries, over the course of several centuries. The earliest known fight-book dates from around 1300, depicting monks, as well as a woman, fencing with sword and buckler (a small round shield). Later treatises cover all manner of swords, polearms, unarmed combat, sickles, daggers and other weapons.

Historical European Martial Arts (HEMA) is founded on the premise that although these systems fell out of use, or mutated into something different, it is possible to reassemble them.

This is approached through scrupulous attention to the texts, physical experimentation, and study of their cultural context; without dismissing insights from elsewhere, such

as modern training methods, pedagogy, biomechanics, or other martial arts. There is no dressing up – the central aim is to understand the historical systems. Therefore fighting with historical weapons by itself is not HEMA. By definition HEMA is practice based upon historical sources, hence the fundamental importance of the texts. The modern sport of fencing is derived from earlier systems.

In this context tournaments and competitions provide an important space for practitioners to gather together and test their training and interpretations with the pressure of uncooperative opponents.

Blood and Iron's Burnaby and Victoria schools, in association with the Victoria Highland Games Association, are proud to present Canada's first major West Coast event at Topaz Park.



CELTIC SPORTS



During the games weekend, be sure to take in the exciting Celtic sports on the Finlayson Turf.

Gaelic Football

This game is similar to Aussie Rules Football, so much that the two countries have modified the rules so they can

have international matches. Players advance the football up the field with a combination of carrying, bouncing, kicking, hand-passing, and soloing (dropping the ball and toe-kicking the ball upward into the hands). The McNamara Cup will play a Super Sevens format with only net goals and no upright points.

* food concessions - alphabetical order
at press time might change without notice

Hurling

This ancient sport is believed to have been brought to Ireland by the Celts around 1200 BC.

It is considered to be the fastest grass field sport in the World and can be described as a combination of Field Lacrosse, Field Hockey and Rugby. For the VHGA's McNamara Cup, the game will be played as a Super Sevens format with only net goals no upright points.

The McNamara Cup

The cup is dedicated to Father Michael McNamara, a young Irish Priest who came to Victoria in 1950 who built St Patrick's Parish in Oak Bay. Father Mac was a pillar of the community and influenced many students at St Pat's School and is remembered fondly by many Victorians as a good supporter of his Parish and the community. It is such a rough game that there are unlimited substitutions to compensate for the number of injuries.

Experience everything Victoria has to offer

Stay a little longer



Whether it's watching wildlife at play, wandering through alleyways and gardens, or dining at our stylish cafes, bars and restaurants, booking an extra few days at one of our boutique hotels or luxury resorts will give you the chance to embrace all that we offer. Stay a little longer to experience it all.



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Dog Agility

Dog agility is a dog sport in which a handler directs a dog through an obstacle course in a race for both time and accuracy. Dogs run without a leash.

Agility is designed to demonstrate a dog's willingness to work with its handler in a variety of situations.

Agility is a sport that appeals to all dog lovers - from young people to senior citizens.

The dog agility component of the Games is presented by AVID Agility, a company that has been in Victoria for 16 years teaching agility, and hosting trials and fun matches.

Dog Events

Are you ready to cheer on the Furr Real Avid Dog stars. We are thrilled to be showcasing our spectacular sport of agility to all of you at the Victoria Highland Games World Championships' 2018.

We will have the need for loads of cheers and fun as our dogs jump, weave and play into your hearts.

All types of dogs, maybe one just like yours, will be showcased. From young and old we have dogs that will makes you laugh and squeal. Cheer on your favourites, in our head to head challenges, weave pole racing as well as our long jump competition.

Show times are Saturday, Sunday and Monday. The shows start at 11:30am, 1:30pm and 3:30pm and last one hour.

And don't miss our meet and greet after each show!

READY TO GO SHOPPING?

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 Bags & Boxes
 Karelia Sunflower Designs
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 McAleer Highland Gear
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 Caladonian Distillery

HUNGRY?

Food Court
 Macs Pies
 Caledonia Meats
 Greek on the Street
 Lemon Heaven
 Indecent Risotto
 Molly's Fish & Chips
 Coast Lunch Box
 Donut Delights
 Road Treasure Treats Spice
 Aid - Indian Food
 Thrifty Foods Sunshine Truck
 Country Crepes (new)

Top Field
 Naked Dressings - Sand-
 wiches, burritos, salads
 Uni-Corn Treats - popcorn
 Entrance to top field
 Lemon Heaven (cart)

* Merchandise Vendors
 & Food Concessions
 - list at press time
 (might change
 without notice)



Potato Sack Race

The sack race is a competitive game in which participants place both of their legs inside a sack that reaches their waist or neck, and hop forward from a starting point toward a finish line. The first person to cross the finish line will win a prize!

Haggis Hurl

The Haggis Hurl is a modern Scottish game involving the hurling of a haggis as far as possible for distance and accuracy from atop a platform, usually a whisky barrel. This event will include a replica haggis, not the real thing! For safety reasons participants must be 13 years or older.

Family Scavenger Hunt

This is a fun activity for families or individuals of any age! Participants have the opportunity to explore Scottish culture by following clues to will take them through all areas of the Victoria Highland Games and Celtic Festival. Pick up a Scavenger Hunt flyer at the Glasgow Information Tent at any time during the Games and have till the Games conclude to submit the completed list for a certificate.

Tug of War

Tug of War is a test of strength, determination and brute strength between two teams with a piece of heavy-duty rope. Many say that the ‘rope’ is the third party in this highly competitive sport that brings out the real spirit of the competing teams! Small prizes will be awarded at the end of each competition. For safety reasons participants must be 17 years or older. Teams will be divided by strength and size 15 minutes prior to the event.

- The sign-up for all visitor competitions will be at the Glasgow Green Info Tent on the day of the competitions.
- The sign-up deadline will be 30 minutes before the activity.
- Participants must be at the competition location 15 minutes prior to start time for competition guidelines and team division.
- Location of competitions will be at Glasgow Green.
- There may be some changes in time and location, so please check the Glasgow Green Info Tent for the most up-to-date schedule before the event.

FALCONRY

Joanne Bentley – “The Falconlady”

Joanne Bentley has been a Journeyman Falconer in the Art and practice of Falconry for almost 14 years.

Joanne is a fervent advocate for all species, but birds-of-prey had taken up a very special room in her heart since childhood. In fact, she’s often jested that it is “Marion Zimmer-Bradley’s fault” for her becoming hopelessly fascinated by raptors to begin with!

A Journeyman’s purpose is to find something discreetly new which expands the sum understanding of all practitioners involved in that trade, whatever the trade might be.

In determining what she could contribute to an Art-form which is well more than 8,000 years old, Joanne committed herself to the expression of relationship, thus enlarging the

concept put forth by her mentor, Frederick II of Hohenstaufen, through his text “The Art of Falconry” – written in the mid 13th Century.

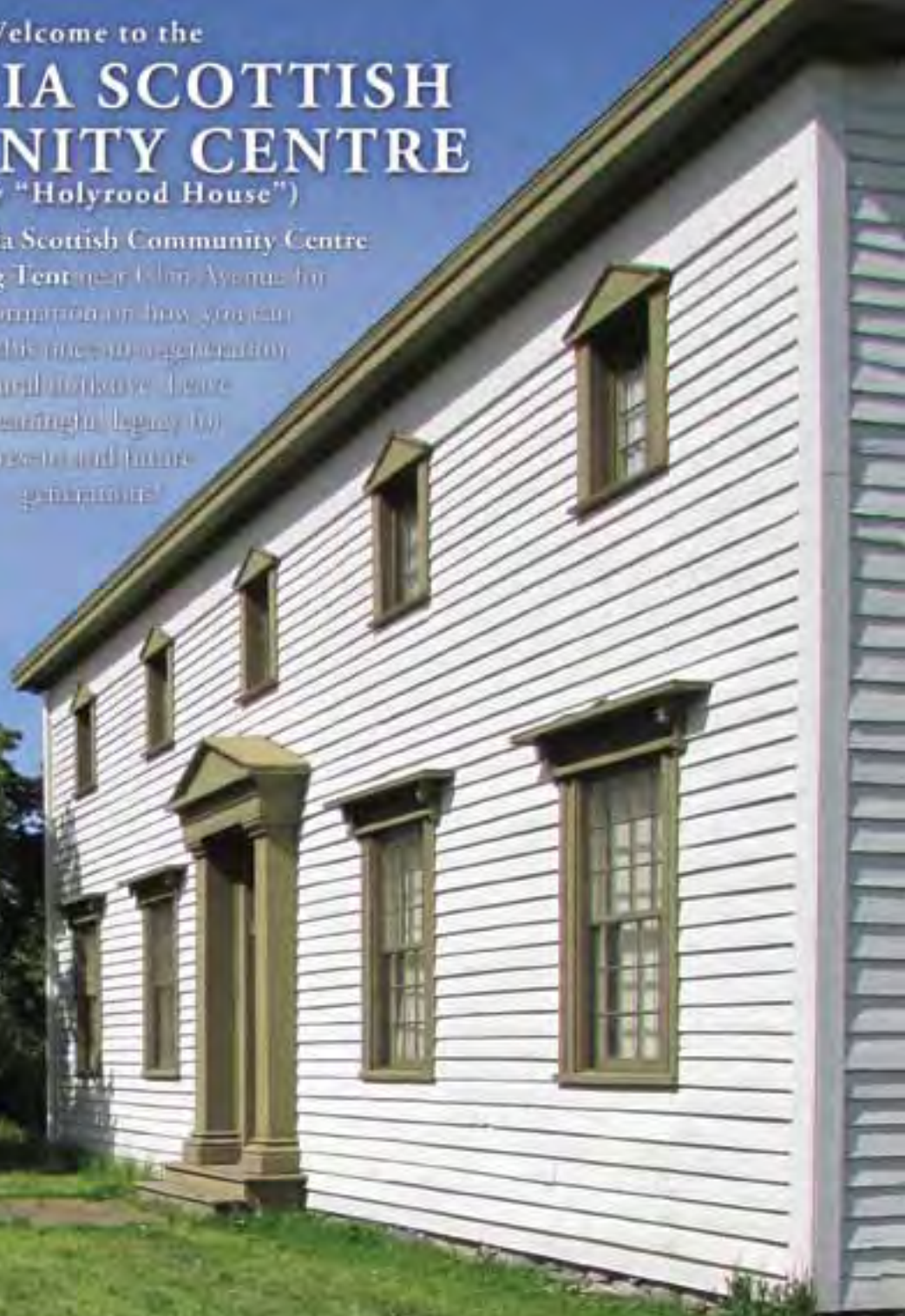
When not working with “Team Feathers” to achieve new performance skills, Joanne studies various martial art-forms, including European swordsmanship, archery, and horsemanship, and continually seeks out new discoveries pertaining to both Falconry, and birds-of-prey around the world.

Falconry arrives every day at 10am by outdoor workout equipment area just south of Glasgow Green.
Flying demo around 2 pm. Interpretive chat at vendor area stage at 4:00 pm



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